REVIEW

Principles and Overview of Sampling Methods for Modeling Macromolecular Structure and Dynamics

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Abstract

Investigation of macromolecular structure and dynamics is fundamental to understanding how macromolecules carry out their functions in the cell. Significant advances have been made toward this end in silico, with a growing number of computational methods proposed yearly to study and simulate various aspects of macromolecular structure and dynamics. This review aims to provide an overview of recent advances, focusing primarily on methods proposed for exploring the structure space of macromolecules in isolation and in assemblies for the purpose of characterizing equilibrium structure and dynamics. In addition to surveying recent applications that showcase current capabilities of computational methods, this review highlights state-of-the-art algorithmic techniques proposed to overcome challenges posed in silico by the disparate spatial and time scales accessed by dynamic macromolecules. This review is not meant to be exhaustive, as such an endeavor is impossible, but rather aims to balance breadth and depth of strategies for modeling macromolecular structure and dynamics for a broad audience of novices and experts.

Author Summary

This paper provides an overview of recent advancements in computational methods for modeling macromolecular structure and dynamics. The focus is on methods aimed at providing efficient representations of macromolecular structure spaces for the purpose of characterizing equilibrium dynamics. The overview is meant to provide a summary of state-of-the-art capabilities of these methods from an application point of view, as well as highlight important algorithmic contributions responsible for recent advances in macromolecular structure and dynamics modeling.
Introduction

A detailed understanding of how fundamental biological macromolecules, such as proteins and nucleic acids, carry out their biological functions is central to obtaining a detailed and complete picture of molecular mechanisms in the healthy and diseased cell. Furthering our understanding of macromolecules is central to understanding our own biology, as proteins and nucleic acids are central components of cellular organization and function. Many abnormalities involve macromolecules incapable of performing their biological function [1–4], either due to external perturbations, such as environmental changes, or internal perturbations, such as mutations [5–10], affecting their ability to assume specific function-carrying structures.

It has long been known that the ability of a macromolecule to carry out its biological function is dependent on its ability to assume a specific three-dimensional structure (in other words, structure carries function) [11,12]. However, an increasing number of experimental, theoretical, and computational studies have demonstrated that function is the result of a complex yet precise relationship between macromolecular structure and dynamics [13–21]. Most notably, in proteins, the ability to access and switch between different structural states is key to biomolecular recognition and function modulation [22,23].

The intrinsic dynamic personality of macromolecules [18] is not surprising and can indeed be derived from first principles. Feynman highlighted the jiggling and wiggling of atoms well before wet-laboratory techniques provided evidence of macromolecular dynamics [24]. In the late 1970s and early 1980s, it became clear that treating macromolecules as thermodynamic systems and employing basic principles allowed anticipating and simulating their intrinsic state of perpetual motion [25,26]. The thermodynamic uncertainty principle was coined by Cooper in [26] to refer to the inherent uncertainty about the particular state a macromolecule is or will evolve to at any given time. Cooper was among the first to employ tools from statistical thermodynamics to show that macromolecular fluctuations are a direct result of thermal interaction with the environment and that any detailed description of macromolecular structure and dynamics entailed employing probability distributions. Further work by Wolynes and colleagues continued in this spirit, popularizing a statistical treatment of macromolecules with tools borrowed from statistical mechanics and culminating in the energy landscape view [5,13,27,28].

Great advances have been made in the wet laboratory to elucidate macromolecular structure and dynamics. Nowadays, techniques such as X-ray crystallography, Nuclear Magnetic Resonance (NMR), and cryo-Electron Microscopy (cryo-EM) can resolve equilibrium structures and quantify equilibrium dynamics. Macromolecular dynamics obtained in the wet laboratory are Boltzmann-weighted averages over microstates/structures populated by a macromolecule at equilibrium. Though in principle wet-laboratory techniques are limited in their description of equilibrium structures and dynamics to the time scales probed in the wet laboratory (a problem also known as ensemble-averaging), much progress has been made [29–31]. The ensemble of structures contributing to macroscopic measurements obtained in the wet laboratory can be unraveled with complementary computational techniques [32–36]. In addition, wet-laboratory techniques, such as NMR spectroscopy, can on their own directly elucidate picosecond-millisecond long relaxation phenomena [37,38]. Indeed, recent single-molecule techniques have achieved great success at bypassing the ensemble averaging problem and elucidating equilibrium dynamics [31,39–47].

Transitions of a macromolecule between successive structural states can be captured in the wet laboratory [31,46,48–53]. Wet-laboratory techniques can resolve key well-populated intermediate structures along a transition [52,54], but they are generally unable to span all the time scales involved in a transition and so fully account for a macromolecule’s equilibrium...
Macromolecular modeling research in silico is driven by the need to complement wet-laboratory techniques and obtain a comprehensive and detailed characterization of equilibrium dynamics. Such a characterization poses outstanding challenges in silico. In principle, a full account of macromolecular dynamics requires a comprehensive characterization of both the structure space available to a macromolecule at equilibrium as well as the underlying free energy surface that governs accessibility of structures and transitions between structures. Early work on protein modeling focused on short protein chains and simplified representations models that laid out amino-acid chains on lattices. These distinct choices made it possible to perform interesting calculations revealing key properties of protein folding and unfolding [56], as well as predict quantities of importance in protein stability and function, such as pKas of ionizable groups [57]. On-lattice models incidentally also allowed key theoretical findings on the computational complexity associated with computing lowest free-energy states in the context of ab initio (now also known as de novo) protein structure prediction [58–60]. The computational complexity of finding the global minimum energy conformation was shown to be NP-hard. These findings made the case that sophisticated algorithms would be needed to complement wet-laboratory characterizations of macromolecular structure and dynamics for the purpose of elucidating biological function.

The advent of Molecular Dynamics (MD) simulations and the concept of an energy function promised to revolutionize macromolecular modeling, as in principle the entire equilibrium dynamics could be simulated by simply following the motions of the atoms constituting a macromolecule down the slope of the energy function. Research in this direction was made possible by a growing set of equilibrium structures resolved in the wet laboratory, from myoglobin [61,62] and lysozyme [63] by 1967 to more than a hundred thousand structures now freely available for anyone in the Protein Data Bank (PDB) [64]. Seminal work in the Karplus laboratory on the MD method and in the Lifson laboratory on the design of consistent energy functions and simplified molecular models set the stage for a computational revolution in structural biology. Commercialization of computers was critical to this revolution.

MD simulations had been shown successful in reproducing equilibrium properties of argon [65], but it was McCammon and Karplus who provided the earliest demonstration in 1977 of the power of MD-based modeling to simulate protein dynamics [25]: a short 9.2 picosecond-long trajectory was obtained showing in-vacuum, atomistic fluctuations of the bovine pancreatic trypsin inhibitor around its native, folded structure. Realizing the power of MD simulations to extract precious information on macromolecular structure and dynamics, the Karplus laboratory democratized modeling by offering the CHARMM program to the computational community [66]. Further work by Karplus and McCammon showed that significant features of protein dynamics would only emerge over longer time scales. The simulation in [67] reached 100 picoseconds, but it would soon become clear that MD-based proings of macromolecular structure and dynamics were in practice limited by both macromolecular size (spatial scale) and time of a phenomenon under investigation (time scale). A significant body of complementary work in macromolecular structure and modeling investigated non-MD based methods. In fact, two years earlier to the 1977 MD simulation by Karplus of equilibrium fluctuations of the bovine pancreatic trypsin inhibitor, Levitt and Warshel had presented a computer simulation...
of the folding of the same inhibitor through a simplified (now known as coarse-grained) model, in which each residue was reduced to one pseudo-atom, and an algorithm based on steepest descent [68]. Reproducibility of this work has so far remained elusive.

Further work by Levitt and Warshel, prompted by the visionary Lifson at the Weizmann Institute of Science, focused on the design of a consistent energy function for proteins [69]. The idea was to come up with a small number of consistent parameters that could be transferable from molecule to molecule and not depend on the local environment of an atom. Once such an energy function was implemented, simple algorithms could then be put together by making use of the function, its first derivative (the force vector), and the second derivative (the curvature of the energy surface). It is interesting to note that though Lifson and Warshel were the first to introduce a consistent energy function, they did so for small organic hydrocarbon molecules. It was Levitt who realized that their parameters could be used to carry out calculations on proteins. In 1969, Levitt published the first non-MD, steepest descent algorithm on a simplified model encoding only heavy atoms of the X-ray structures of hemoglobin and lysozyme [70]. This work was seminal for Levitt and Warshel to claim the first simulation of protein folding [68]. The algorithm used in these simulations was quite sophisticated, changing torsion angles, as proposed by Scheraga [71], and using normal modes to rapidly compute low-energy paths out of local minima [72].

Further work on coarse-grained and multiscale models built with the quantum mechanics (QM)/molecular mechanics (MM) method proposed by Warshel [73] was seminal in allowing simulation to reach longer spatial and time scales. Warshel, who had a background in quantum mechanics, realized that large molecular systems could be spatially divided into a region demanding quantum mechanical calculations (e.g., due to bonds being broken) with the rest sufficiently represented by empirical force fields. This method remains the cornerstone of modern multiscale modeling [74–80] and, together with the idea of representing complex systems in different resolutions at different time and length scales [76], has allowed simulations to elucidate structures, dynamics, and the biological activity of systems of increasing complexity, from enzymes [74,77,81] to complex molecular machines [82–91].

In tandem with these developments, a new method, Metropolis Monte Carlo (MC) [92,93], made its debut in computational structural biology. In 1987, important work in the Scheraga laboratory introduced an MC-based minimization method to simulate protein folding [94]. In 1996, the Karplus laboratory demonstrated the ability of MC simulations on a cubic lattice to simulate the folding mechanism of a protein-like heteropolymer of 125 beads [95]. Following work in the Scheraga laboratory further made the case for the utility of MC-based methods in studies of macromolecular structure and dynamics [96–98]. Kinetic MC methods were designed to address the lack of kinetics in the classic MC framework [99]. In light of contributions that gave birth to computational structural biology [100], it is no surprise that the Nobel 2013 prize in chemistry recognized computational scientists, namely, Karplus, Warshel, and Levitt for their seminal work in the development of multiscale models for complex chemical systems [101–103].

Improvements in hardware over the last forty years have been critical to extending the reach of MD- and MC-based modeling. For example, MD-based studies have expanded their scope, scale, and thus applicability due to specialized architectures, such as Anton [104,105], Graphics Processing Units (GPUs) [106–109], and petascale national supercomputers, such as Blue-Waters, Titan, Mira, Stampede [110,111]. The pervasiveness of supercomputing has spurred great advances in algorithmic techniques to effectively parallelize MD. Typically, in parallel MD, the interacting particles are spatially divided into subdomains that are assigned to different processors. In this framework, load balancing becomes an issue for large-scale MD simulations now performed on thousands of processors and involving billions of particles [112].
Many techniques now exist for dynamic load balancing [113]. In addition, while each processor is responsible for advancing its own particles in time, processors need to exchange information; accurate force calculations require knowledge of neighbor particle positions. Work in [114] describes recent strategies for efficient neighbor searches in parallel MD. Other techniques that permit parallelization of MD address and optimize force splitting in the context of the particle-mesh Ewald algorithm [115]. It is worth noting that many of these techniques are now integrated in publicly-available parallel MD code, such as NAMD [116].

Important contributions in enhancing exploration capability have also been made from non-MD or non-MC frameworks but rather adaptations of stochastic optimization frameworks often designed for modeling other complex, non-biological systems. These frameworks, though less mature than MD and MC, are summarized here in the interest of introducing readers to interesting complementary ideas. Algorithmic advances, whether to extend the applicability of MD- and MC-based frameworks or adapt other frameworks for macromolecular modeling, now allow predicting native structures of given protein amino-acid sequences [117–120], mapping equilibrium ensembles, structures spaces and underlying energy landscapes of macromolecules [6,8,121–126], revealing detailed transitions between stable and meta-stable structures [127–134], modeling binding and docking reactions [135–137], revealing not only equilibrium structures of bound protein-ligand or protein-protein assemblies but also calculating association and disassociation rates [138,139], and more.

This review aims to provide an overview of such advances. Given the rapidly growing body of research in macromolecular modeling, aiming to provide an exhaustive review would be a task in futility. For instance, while the development of molecular force fields is recognized as crucial to accurate modeling [140,141], this review does not focus on force field development. Other important contributions due to the development of ever-accurate coarse-grained representations of macromolecules, solvent models, and multiscaling techniques are acknowledged, but the reader is referred to existing comprehensive reviews on these topics [76,142–144]. Instead, this review focuses on sampling methods for the exploration of macromolecular structure spaces and underlying energy surfaces for the purpose of characterizing equilibrium structure and dynamics. This focus is warranted due to the recognition that sampling remains a problem [102,128,145]. The goal is to introduce a broad audience of researchers both to most recent and exciting research from an application point of view, as well as highlight important algorithmic contributions responsible for recent advancements in modeling macromolecular structure and dynamics.

Recent Applications Made Possible by Hardware and Algorithmic Advancements

There is by now a wealth of computational studies aimed at extracting information on equilibrium structures and dynamics of macromolecules in molecular assemblies or isolation. Non-MD based studies can extract information about thermodynamically stable or meta-stable structures while foregoing simulations of a system’s dynamics. On the other hand, MD-based studies readily provide information on the dynamics but can only elucidate structures accessible within the time of the simulation. While non-MD based methods have made it possible to predict, for instance, biologically active structures of proteins given their amino-acid sequences, a problem known as de novo structure prediction, only MD-based methods can provide detailed information on protein folding and unfolding. Different aspects of protein-ligand binding, protein-DNA, protein-protein docking, equilibrium fluctuations, structure prediction, folding, and unfolding can be modeled with MD and non-MD methods.

Disparate time scales are involved in macromolecular dynamics, and they constitute the main challenge in describing macromolecular dynamics in fullness and detail via MD-based
simulations. For instance, bond vibrations occur on the femtosecond time scale, solvent effects take anywhere from a few picoseconds up to a few nanoseconds, transitions in side-chain rotation and secondary structure occur on the 10–100 nanosecond time scale, large global structural transitions can occur on the microsecond time scale, ligand binding and allosteric regulation are usually on the millisecond time scale, and protein folding takes anywhere from a few microseconds to a few seconds, depending on protein size. In extreme cases, natural ligand and drug binding is a much longer event that can occur on the hours scale [146].

Despite such challenges, much progress has been made. Equilibrium, atomistic, MD simulations can reproduce in detail microsecond-long folding events for small proteins on specially-designed supercomputers [104,105,147,148]. Protein-ligand binding with full ligand flexibility and protein flexibility limited to the binding site can be simulated up to 100 microseconds [146,149]. Brownian dynamics simulations can capture events that occur in the microsecond time scale; when coupled with enhanced sampling techniques, these simulations have been reported to capture slow events of large proteins binding and sliding on DNA at 25 microseconds at a coarse resolution [150]. Longer simulations of an estimated time scale of more than 48 milliseconds of the lac repressor sliding on DNA have been reported via atomistic MD in explicit solvent [151].

Coarse-grained modeling and longer time steps can can further increase time scales but often at the cost of essential details [152]. However, multiscale MC simulations have been reported to allow studying in detail processes that occur in the range of milliseconds [76,78]. Organizations of short MD or MC trajectories in Markov state models (MSMs) can extract precious information on structure and dynamics for events that occur on longer time scales, from a few milliseconds to a few seconds [146,153].

In the following we provide a short overview of the current applications pursued by MD and non-MD methods without describing in detail the algorithmic ingredients of such methods. We highlight key examples where recent advances in MD and non-MD methods have made it possible to address problems and systems not possible before due to the large spatial and time scales involved. Descriptions of the algorithmic ingredients responsible for such computational advancements follow.

**Simulation and Modeling of Macromolecular Interactions**

Simulating interactions of macromolecules with other macromolecules or small molecules is important to understand the molecular basis of mechanisms in the healthy and diseased cell. Typically, three categories of interactions are of interest to researchers: those of a protein with a small ligand, those of a protein with another protein, and those of a protein with other molecular systems that include DNA, RNA, and membranes. These specific applications can be approached in two different ways. One considers simply the problem of predicting the three-dimensional native structure of the complexed system from knowledge of the structures of the unbound units, whereas the other additionally simulates the process of the units diffusing towards and then binding with one another. For the problem of structure prediction, non-MD based methods are currently the norm. They include algorithms enhancing MC or adapting other stochastic optimization frameworks under the umbrella of evolutionary computation. For the problem of actually simulating the dynamics of interacting units, MD-based studies provide more detail but typically require more computational resources or algorithmic enhancements in order to surpass the long time scale often needed for a complexation (binding) event to occur.

One of the challenges with modeling and simulating macromolecular interactions with other small molecules or macromolecules is the possibility of induced fit. Induced fit,
introduced by Koshland in [154], refers to the mechanism of an initially loose complex that induces a conformational change in either one or all loosely bound units, which then triggers a cascade of rearrangements ultimately resulting in a tighter-bound complex. The induced fit mechanism seems to question the idea that structure-guided studies can focus on shape complementarity first, but many wet-laboratory studies, as well as the success of complementarity-driven methods, have demonstrated that induced fit cannot describe all binding events [155].

In response, inspired by the free energy landscape view presented by Frauenfelder and Wolynes [13,27], Nussinov and colleagues proposed a new concept to explain binding events, that of conformational selection, also known as population shift [156–158]. Conformational selection refers to the idea that all conformational states of an unbound unit are present and accessible by the bound unit. The binding or docking event causes a shift in the populations observed in the unbound ensembles towards the specific bound conformational state. Though Nussinov and colleagues were inspired by the free energy landscape view of Frauenfelder and Wolynes, it is worth noting that the conformational selection model is a generalization of a much earlier model, the Monod-Wyman-Changeaux (MWC) model [159]. The MWC model, also known as the concerted or symmetry model, proposed the idea that regulated proteins exist in different interconvertible states in the absence of any regulator, and that the ratio of the different states is determined by the thermal equilibrium. The MWC model has been credited with introducing the concept of conformational equilibrium and selection by ligand binding, though in its original formulation the model was restricted to two distinct symmetric states and to proteins made up of identical subunits.

The review in [23] summarizes many studies that observe conformational selection for protein-ligand, protein-protein, protein-DNA, protein-RNA and RNA-ligand interactions. We highlight work in [160], where unfolded structures of uncomplexed ubiquitin in explicit solvent were subjected simultaneously to restraints from NMR Nuclear Overhauser Effect (NOE) and Residual Dipolar Coupling (RDC) data comprising solution dynamics up to microseconds. The obtained ensemble of structures covered the structural homogeneity observed in 46 crystal structures of ubiquitin at the time; the majority of the crystal structures were in complex with other proteins. These results suggest that conformational selection rather than induced fit suffices to explain the molecular recognition dynamics of ubiquitin.

While at face value the concepts of induced fit and conformational selection appear mutually exclusive, studies have shown that versions of each are indeed observed; for instance, conformational selection is usually followed by slight conformational adjustments. In 2010, Nussinov and colleagues presented an extended view of binding events where conformational selection and induced fit were seen as complementary to each other [161]. In many cases, following conformational selection, minor adjustments of side chains and backbone are observed to take place to optimize interactions [161]. Based on such observations, extended models have been proposed that combine conformational selection, induced fit, and the classical lock-and-key mechanisms [162]. A better understanding of contributions of each of these three mechanisms has contributed over the years to several effective methods for modeling and simulating binding and docking events. A detailed review in the context of protein-ligand binding for structure-based drug discovery is presented in [163].

The overview below summarizes methods based on the lock-and-key mechanism, as well as methods based on the induced-fit and conformational selection mechanisms. While the lock-and-key mechanism allows disregarding flexibility, the other mechanisms clearly make the case for modeling the flexibility of the units participating in the complexation event. While the induced-fit mechanism seems to suggest that only MD-based methods can describe a complexation event, the conformational selection mechanism has inspired many non-MD methods to integrate flexibility during or prior to complexation, thus contributing to a rich and still
growing literature. In the following we provide an overview of this work, guided by applications on protein-ligand binding, protein-protein docking, and protein-DNA docking.

**Protein-ligand binding.** In protein-ligand binding, the structure prediction problem involves predicting both the binding site, unless this is known, the pose of the ligand, and its configuration. Established and widely-adopted software now exist and include DOCK [164], FlexX [165,166], GOLD [167,168], Autodock [169–171], Glide [172], RosettaLigand [173,174], SwissDock [175], Surfex-Dock [176], DOCKLASP [177], rDock [178], istar [179], and more. The majority of existing software employ evolutionary algorithms that approach the problem of protein-ligand binding under stochastic optimization, where the goal is to find the lowest-energy structure of the complex of bound units. Evolutionary algorithms have been demonstrated more effective than other MD- or MC-based algorithms at finding the lowest-energy binding pose (position and orientation) and configuration of a ligand on a macromolecule. For instance, while earlier versions of the well-known Autodock software employed MC simulated annealing (MC-SA), Autodock 3.0.5 and onwards switched to the Lamarckian Genetic Algorithm (GA) due its higher efficiency and robustness over the MC-SA of earlier versions for binding flexible ligands onto rigid receptors [180].

The superiority of evolutionary algorithms for binding flexible ligands onto rigid receptors is additionally demonstrated in a high-throughput screening setting. In this context, we note representative work in the Caflisch laboratory [181], where a set of publicly-available tools have been developed for high-throughput screening of large sets of small ligand molecules by fragment-based docking for the purpose of computer-assisted drug discovery (CADD). The high-throughput setting is made possible due to a fast decomposition of a flexible ligand into rigid fragments, fast docking and evaluation of binding free energy of docked fragments, and efficient docking of a full flexible ligand through a GA rapidly searching over poses of fragment triplets and evaluating poses with an efficient scoring function. Fragment-based docking can be traced back to Karplus, whose work with Miranker on the minimization of multiple copies of functional groups in the MCSS force field is considered the first fragment-based procedure for drug discovery [182].

Fragment-based high-throughput binding is leading to significant advances in CADD. For instance, recent work in [183] identifies inhibitor chemotypes for the EphA3 tyrosine kinase, a transmembrane protein belonging to the class of erythropoietin-producing hepatocellular receptors with deregulations implicated in severe human pathologies such as atherosclerosis, diabetes, and Alzheimer’s disease.

While the majority of protein-ligand binding software can handle flexible ligands, the computational costs that would be incurred by fully flexible receptors remain impractical in most settings. Fortunately, a significant number of binding modes fall under the lock-and-key mechanism, which has been demonstrated effective in cases of predicting structures of enzyme-inhibitor complexes with largely static binding interfaces [184–188]. As expected, however, rigid receptor docking algorithms are ineffective in cases of induced fit, where structural flexibility during binding is not limited to the ligand.

To take into account ligand and receptor flexibility without incurring impractical computational costs, many protein-ligand binding algorithms implement soft docking, where some overlap between the flexible, bound ligand and the rigid receptor is allowed during docking. Unfavorable interactions due to the overlap are resolved in a post-processing stage on selected bound complexes, effectively providing some localized flexibility to the bound receptor. This approach is practical and warranted in settings where the goal is to screen large libraries of potential drug compounds [189–191]. An extensive review of the unique challenges in these settings can be found in [163,192].
One way to control computational cost while taking into account both ligand and receptor flexibility is by limiting flexibility to specific dihedral angles [193–197]. Typically, existing approaches limit receptor flexibility to side-chain and/or backbone bonds of receptor amino acids on or near the binding site.

Other methods attempt to take into account full receptor flexibility without explicitly modeling it during binding. These methods, known as ensemble or conformer docking, obtain an ensemble of low-energy conformations/conformers of the receptor prior to the binding simulation [198]. The ensemble is obtained via any conformational sampling methods, whether MD- or non-MD based (-reviewed below). The ligand or a library of ligands are then bound to each of the receptor conformers [199]. While effective at controlling computational cost, these methods are limited in what aspects of flexibility they model [200]. It is worth noting that they make use of the conformational selection principle of which there is now increasing evidence [201].

Methods that consider full receptor flexibility and go beyond ensemble docking exist, and are based on MC or MD. MC-based methods are represented by the RosettaLigand software [173,174]. Work in [202] employs long, unbiased MD simulations to simulate the physical process by which a ligand diffuses and then binds a protein target. Studies on specific protein-ligand complexes provide an opportunity for MD-based methods to reveal the kinetics of ligand-receptor interactions and estimate binding affinities from a large number of MD simulations of the binding process. Yet, even in such studies computational cost needs to be controlled, as binding can be too slow to observe on the time scales routinely accessible via MD [203].

Given the time scale challenge, many enhanced sampling strategies have been proposed for MD simulations. These include accelerated MD, replica-exchange MD, umbrella sampling MD, and metadynamics methods [8,149,203–206]. Replica exchange MD and metadynamics methods are among the most popular to simulate binding. To control computational cost, the simulation is limited to the immediate binding and unbinding events. To discourage spending computational resources on the diffusion process, the ligand is either tethered (through distance restraints) to the receptor, or many short MD simulations are conducted at various placements of the ligand relative to the receptor. In the former, explicit geometric restraints are enforced on the ligand to keep it within the binding volume and save the MD simulation from wasting precious computational time on simulating the diffusion process [149]. In the latter, the sampled receptor and ligand configurations are organized in an MSM, which allows obtaining estimates of association and dissociation rates [139]. Other approaches include the powerful self-guided Langevin dynamics method and the accelerated adaptive integration method, among others. A description of these methods and others is provided later in this review. In summary, the goal of all these methods is to enhance sampling of the receptor and ligand poses so that the binding event can be observed within a reasonable computational budget.

Here we highlight some successful protein-ligand binding simulations. One concerns the GTP and GDP nucleotide binding that is accompanied with a conformational switch in the Ras and Rho proteins, which was studied in [207] due to the central role of these proteins in cell growth regulation and a variety of human cancers [122]. In [207], MD is used to simulate the ligand-free Ras and Rho proteins. In the absence of the ligand, these proteins show intrinsic flexibility and are able to convert between different conformations. The presence of the nucleotide restricts the conformation space accessible by the GTP-bound structure. Significant coupling is observed in the bound state between motions on the nucleotide-binding site and motions of the membrane-interacting C-terminus via the highly flexible loop 3. The importance of this loop was originally suggested in [208]. Classic MD simulations with a double loop 3 mutant of Ras confer greater flexibility during conformational switching. This provides
evidence that loop 3 may represent a potential allosteric site in Ras and other monomeric G-protein coupled receptors. This information, pieced together from various studies, is valuable for structure-based drug design, because it highlights relevant receptor structures for CADD [163].

Another successful example of the utility of computational methods for protein-ligand binding concerns drug prediction for the influenza virus. Several inhibitors have been widely used as anti-influenza drugs. However, due to naturally-occurring drug-resistant mutations [209], their inhibition ability has gradually decreased. The family of influenza virus proteins, like M2, H1-H9, attaches itself to sialic acids on the surface of epithelial cells of the upper respiratory tract of the host using its own proteins that cover the surface of the virus, hemagglutinin and neuraminidase [210,211]. Inhibitors bind to the active sites of hemagglutinin and neuraminidase, preventing linkage of the virus to epithelial cells.

Protein-ligand docking via MD simulations is being used to model inhibitor binding to the influenza virus (or only the surface proteins hemagglutinin and neuraminidase). One group of methods focuses on finding new inhibitors (ligands) that can bind to the continuously mutating hemagglutinin and neuraminidase active sites [210,211]. Representative findings are illustrated in Fig 1.

In particular, work in [211] focuses on finding new inhibitors for hemagglutinin. Several ligands are considered to bind to the hemagglutinin H5 and H7 trimers. The exposed position of the binding site is used to guide the development of a trimeric ligand with a centrally positioned core structure with radial topology. The core structure of the ligands mimicks the C3 symmetry of the trimers. A specific ligand, referred to as ligand 1, is found to bind to all three binding sites on H5 (deposited in the PDB under PDB ID 3M5G) at two different times of an MD simulation. Motion is predominantly found at the core structure, while all three sialic acid residues remain in their binding site during the simulation, indicating that 1 is also a good ligand for H7. Ligand 1 also has a $K_D$ in the high nanomolar range and is therefore a compound with one of the best reported affinities.

Another group of methods aims to modify (add new residues or suggest mutations) to already known inhibitors in order to increase their binding ability [212,213]. Finally, some methods focus on calculating binding free energies by quantum mechanics/molecular mechanics simulations to predict binding abilities of possible inhibitors [214]. The combined result of all these methods has been to suggest a mechanism through which the inhibitor-virus binding can significantly influence viral neutralization.

In addition to MD simulation methods, we draw attention to Brownian Dynamics methods [215], which have been employed to simulate protein-ligand [216] and protein-protein [217,218] binding. In these methods, the net force experienced by a modeled particle contains a random element, which models the implicit interactions with solvent molecules. The norm of the random element is chosen from a probability distribution function that is a solution to the Einstein diffusion equation (a list of already built probability distribution functions can be found in [219]). By coarse-graining out the fast motions, Brownian dynamics methods can simulate longer time scales than can be typically approached in a classic MD simulation [220]. However, the particle-based part still necessitates using relatively small time steps for an accurate description of the particle interactions. The Reaction Before Move method determines reaction probability functions that extend time steps and further speed up such simulations [219].

The importance of accounting for receptor flexibility in protein-ligand binding is further appreciated in light of allosteric effects. Allostery refers to couplings between the active site and a regulatory, allosteric site, which is typically far away from the active site, but causes chemical and/or physical changes in the active site that affect binding. A detailed review of all observed
Fig 1. Free-energy landscape of GB3 obtained with work in [302] using chemical shifts as collective variables. Panel A shows a two-dimensional projection of sampled conformations. The x-axis shows values of the CamShift collective variables for each conformation, which measures the difference between the wet-laboratory and calculated chemical shifts for the backbone. The y-axis shows the backbone RMSD between each conformation and the reference structure (PDB ID 2oed). Some selected conformations, from extended to compact, are highlighted, drawn with the Visual Molecular Dynamics (VMD) software [303]. Panel B shows a conformation with the lowest backbone RMSD (0.5 Å) from the reference structure. Such native-like conformations are visited multiple times by the method. Panel C draws hydrophobic side chains to illustrate that the internal packing of these side chains is practically identical to that observed in the reference structure. This figure is reproduced with permission of the executive editor of PNAS from article Granata et al., 2013 [302].

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interactions between allosteric and binding sites is presented in [221]. The structural view of allosteric coupling between allosteric and binding sites. Uncovering allosteric communication among residues is becoming increasingly important in CADD, as residues that mediate the allosteric communication may make for druggable binding sites. Many methods are devoted to uncovering allosteric communication, and a review of such methods is presented in [137]. Successful methods include early ones based mainly on topological analyses of structures resolved in the wet laboratory, such as graph theory, statistical coupling analysis, and perturbation algorithms [222–227], and methods based on analyses of simulation trajectories. While MD and enhanced versions of MD-based methods are used for the simulations, the analysis is conducted with normal mode analysis (NMA) [228–230], correlation matrices [231–233], community-network analysis [234], mutual information [235], and dynamical network analysis [236–238]. MC-based methods have also been applied. The MCPath method introduced in [239] models a receptor as a weighted network of interacting residues and builds an MC trajectory by repeatedly applying MC moves that directly propagate a signal between two interacting residues. MCPath is able to uncover allostery pathways as well as allostery sites.

**Protein-nucleic acid and protein-protein docking.** The computational challenges incurred when modeling protein-ligand binding grow more severe when modeling interactions between macromolecules due to the much larger spatial scales involved. Most current research addresses only the dimeric setting, where the number of bound units is limited to two. In addition, the majority of methods applied to the pairwise docking setting are non-MD based methods focused on obtaining the native structure of the complex without information on the kinetics of the docking process. Methods implementing MC or evolutionary algorithms are by now the most popular. This is not surprising, given the overwhelming number of atoms whose motions would have to be followed in an MD simulation. Specific MD-based studies on dimeric systems of known proteins exist, and typically some information is employed from wet-laboratory studies on the docking site to orient the units favorably and additionally tether them to each other so as to steer the simulation towards the docking event [240,241]. In general, however, even when foregoing kinetics, predicting the correct native structure of the bound units remains challenging.

Computational research in structure prediction for macromolecular pairwise docking is active, and there are now many methods [242–255] driven by the community-wide CAPRI experiment [256,257]. The focused computational setting of a protein dimer has allowed the application of demanding energy-driven optimization methods and even modeling of structural flexibility for high-accuracy docking [243,251,258]. In the light of variable interfaces, such as antibody-antigen interfaces [259], accounting for flexibility is key but exceptionally expensive. Methods such as RosettaDock [260] allow full flexibility and employ various models of increasing detail (from low-resolution, to centroid-mode, coarse-grained, and then all-atom). RosettaDock has been reported to achieve docking funnels for 63% of antibody-antigen targets, 62% of enzyme-inhibitor targets, and 35% of other targets; funnels are achieved on only 14% of targets deemed difficult, on which substantial conformational changes are expected to accompany docking [261]. Other methods that consider ensemble docking have also been applied, though with limited success due to the difficulty of obtaining a conformational ensemble representative of the intrinsic structural flexibility of a macromolecule [262].

Several CAPRI summaries make the case that high-accuracy pairwise docking is to remain challenging for the near future [257,263,264]. There is great difficulty, for instance, in locating the native interaction interface or even part of it, with top methods shown to predict only 30%–58% of the correct interface in any given target [257]. An energy-based treatment is not guaranteed to drive the optimization process towards the right interface. Much research is
invested in this direction. Machine learning methods, though not the focus of this review, are showing promise in elucidating features of native interaction interfaces so as to bypass the employment of interaction energy functions at a global layer [265–268]. For instance, work in [269] proposes a learned model to be used as a top filter to label sampled protein-protein dimers before attempting to refine them with more accurate and computationally costly interaction energy functions. Rather than employing information from machine learning models, methods such as HADDOCK [243], the Integrative Modeling Platform (IMP) [270] and others [271,272], employ wet-laboratory data to restrict sampling of bound conformations to those that reproduce the wet-laboratory data. Work in [273] uses chemical shifts from NMR to predict conformational changes upon complex formation in a class of engineered binding proteins known as affibodies. Similarly, Haddock also restricts sampling through NMR chemical shifts [243], whereas the IMP software provides more versatility by allowing the integration of different types of wet-laboratory, biochemical and biophysical data and the employment of models of various resolutions [270]. It is worth noting that, while the majority of protein-protein docking algorithms are restricted to the dimeric setting, the IMP software allows modeling multimeric assemblies of an arbitrary number of units. Work in [274], for instance, reveals the native structure of the nuclear pore complex, a 50 MDA complex comprised of 456 proteins. Work in [275] reveals a higher-resolution structure of a heptameric module in the yeast NPC by satisfying spatial restraints derived from negative-stain electron microscopy and protein domain-mapping data.

While wet-laboratory techniques such as X-ray crystallography can provide high-resolution structures for protein-protein dimers and even multimers, protein-DNA dimers are typically difficult to crystallize. There is great need for docking methods to reveal both binding mechanisms and final bound structures of protein-DNA complexes. In contrast to the diversity of protein-protein interaction interfaces, protein-DNA interaction interfaces often exhibit conserved sequence motifs and are thus accurately detected with machine learning techniques [276,277]. Knowledge, even if partial, of the interaction interface has greatly helped the applicability of docking methods for protein-DNA binding [278,279]. Haddock, for instance, already a top protein-protein docking method, has been demonstrated effective for protein-DNA docking [280]. By now, comprehensive maps of protein-DNA binding landscapes have been put together for the largest class of metazoan DNA-binding domains, known as zinc fingers [281]. These landscapes are essential to support efforts to determine, predict, and engineer DNA-binding specificities. For instance, work in [282] studying interactions that proteins make with nucleic acids, small molecules, ions, and peptides reveals genes that are rich in mutations in the binding sites of proteins for which they encode and are thus functionally-important in cancer.

The setting of modeling macromolecular interactions naturally suggests expanding the focus beyond dimeric docking to multimeric docking. Elucidating structural details of oligomers suggested by wet-laboratory studies is indeed key to advancing further research on the role of oligomerization in the healthy and diseased cell [283,284] and is expected to keep motivating the design of algorithms for multimeric docking. Computationally-demanding optimization and willingness to spend significant computational resources on a dimeric assembly make application of current pairwise docking methods to protein assemblies of an arbitrary number of units impractical. Adaptations of these methods to extend their applicability to the multimeric setting are neither trivial nor obvious.

Early work by Nussinov and colleagues introduced a greedy, systematic algorithm, CombDock, for the problem of multimeric docking [285,286]. The algorithm is general and can handle heteromeric and asymmetric complexes but is challenged by the combinatorial explosion in the number of dimensions of the space of configurations with increasing number of units. Other following work narrows the focus to symmetric complexes and applies search and
bound techniques from AI with additional information of distance-based constraints from NMR to control the size of the search space [287–291]. Work in the Sali lab, culminating in the IMP software [270], focuses exclusively on the setting where integration of wet-laboratory data is key to narrow the search space and model assemblies of hundreds of units at a low resolution. Research on multimeric docking in the absence of wet-laboratory data is sparse.

In [292], an evolutionary algorithm, Multi-LZerD, is proposed that operates in the absence of wet-laboratory data but is guided by interaction energy. Its success varies with complex size. The mixed results obtained by Multi-LZerD reflect the mixed state of the art in multimeric docking. In addition to successful cases, where the native multimeric structure is reproduced, Multi-LZerD reports in various cases decoys that do not reproduce the known native structures. While the decoys can be as far as 23.59 Å away from a particular native structure, typically, the decoys contain correct subcomplexes within 4.0 Å. It is worth noting that the evolutionary algorithm is also computationally demanding. Time concerns as well as the quality of current predictions suggest that there is much room for improvement in multimeric docking.

Modeling of Macromolecular Structural Flexibility

Modeling the structural flexibility of uncomplexed proteins is key not only to allow application of methods such as ensemble docking to the protein-ligand and protein-protein docking problems, but also to obtain detailed information on the role of protein sequence on structure, dynamics, and function. While it is in principle very difficult to map the entire conformation space and underlying energy landscape of a protein sequence, many methods are dedicated to specialized sub-problems. For instance, literature is rich in methods that obtain a sample-based representation of the equilibrium conformation ensemble of a protein. Other methods extend this characterization to proteins that exhibit not only local fluctuations around an average, wet-laboratory, equilibrium structure but indeed are characterized by multi-basin landscapes where distinct structural states have comparable Boltzmann probabilities. Many methods focus on such proteins and particularly on modeling transitions between similarly stable structural states as a way to obtain information on function modulation and changes to function upon sequence mutations. Other methods are dedicated to capturing allosteric regulation and identifying coupled motions not in the vicinity of binding sites. Yet others focus on obtaining detailed structural characterizations of meta-stable states and other states present at low populations, even in natively unfolded proteins, as a way to understand aggregation, misfunction, and other disorders. In the following we provide an overview of these applications, highlighting selected ones to showcase current capabilities.

**Sampling of equilibrium conformation ensembles.** In principle, complete information about structure and dynamics can be obtained from mapping the energy landscape of a given macromolecular sequence. Despite advances in atomistic MD simulations, this remains an insurmountable computational task but for the smallest peptides. As such, we separate here the discussion of work on sampling the ensemble of folded conformations from work that focuses on protein folding and/or structure prediction. Methods that initiate their search for other conformations of the equilibrium ensemble from one or a few given conformations or wet-laboratory data are in practice more efficient and have been employed to characterize both local fluctuations and large-scale motions connecting conformations of the equilibrium or native state in proteins.

We highlight here work that builds over the MD or MC frameworks but restricts sampling in conformation space to regions that reproduce wet-laboratory data. In particular, chemical shifts, which are NMR observables measured under a wide range of conditions and with great
accuracy, are proving very useful to methods in generating conformation ensembles that capture macromolecular dynamics in solution. For instance, work in [293,294] uses chemical shifts for backbone atoms as restraints in a replica-averaged MD simulation. Work in [295] additionally incorporates NMR chemical shifts for side chains and demonstrates as a result great agreement between reconstructed conformation ensembles and wet-laboratory data, thus improving the accuracy of computational methods and ability to make useful predictions on macromolecular structure and dynamics. Work in [296] characterizes in detail the native conformation ensemble of the src-SH3 domain and role of water. Work in [297] incorporates diffuse X-ray scattering data to characterize the conformational dynamics of a crystalline protein at the μs time scale. In other works [129,298–301], restraints from wet-laboratory data are employed to improve the quality and thus accuracy of simulation methods.

In the above works, the main idea is to incorporate the wet-laboratory data into a restraint potential that is added to a molecular mechanics force field. In [302], the free energy landscapes of small-size proteins are characterized by using the NMR chemical shifts as collective variables, also known as reaction coordinates in slight abuse of terminology) in metadynamics simulations. Doing so enhances sampling and allows visiting multiple free energy minima not typically reached by classic MD simulations [302]. The free-energy landscape reconstructed for the third Ig-binding domain of protein G from streptococcal bacteria (GB3) in [302] is shown in Fig 1. In [34], the interdomain motions of the hen lysozyme are characterized using RDC data to restrain MD simulations.

The idea of incorporating wet-laboratory data in energy functions, thus resulting in pseudo-energy functions, has been popular for over a decade and demonstrated effective not only in the context of MD sampling but also of MC sampling for reconstructing equilibrium conformation ensembles (and even structure prediction, as we review below). For instance, work in [304] demonstrates that the use of replica-averaged structural restraints in MD simulations with a particular force field and a set of wet-laboratory data can provide an accurate approximation of the Boltzmann distribution of a macromolecule. Though NMR chemical shifts are proving more general at capturing the extensive equilibrium dynamics, NOE, RDCs, S2 order parameters, J couplings, and hydrogen exchange data have been used to restrain both MD and MC sampling and obtain detailed information on structure and dynamics of equilibrium states and transition states in proteins [32,35,36,305–313]. The main advantage of incorporating wet-laboratory data is to remedy inherent biases in force fields and guide the sampling of the conformation space to relevant regions. Concerns of accuracy then entirely shift on the breadth of sampling and the generality of the wet-laboratory data to capture the equilibrium dynamics. Recent work affirms that NMR chemical shifts are very powerful in this regard, and combined with enhanced sampling techniques for MD and MC, allow sampling equilibrium conformation ensembles and thus faithfully capturing equilibrium dynamics [273,293–295,314]. It is worth noting that there is great difficulty in the wet laboratory in calculating chemical shifts, J-couplings, and other measurements from structures. A central issue is the large uncertainty inherent in such calculations. One way in which computational methods address this issue is by integrating different types of experimental data [315,316].

Other non-MD based methods have also been applied, particularly to model internal, equilibrium structural fluctuations of uncomplexed proteins. These methods, such as CONCOORD [317], FIRST/FRODA [318,319], and PEM [320–322], are designed to rapidly populate the conformation space in a neighborhood around a given structure. They typically restrict an underlying stochastic optimization process based on MC or other non-MD algorithms with geometric constraints. The constraints are obtained from analysis of a given structure resolved in the wet laboratory and considered representative of the equilibrium conformation ensemble. For instance, work in [317] repeatedly generates and then corrects random conformations.
until a set of upper and lower geometric bounds obtained from the given structure are satisfied. Work in [318,319,323] is based on constraint theory and models a given structure as a bar and joint framework. This model allows employing rigidity analysis to reveal underconstrained backbone angles on which sampling focuses to obtain inherent internal fluctuations. Work in [320–322] is based on the treatment of inverse kinematics in robotics and computes local fluctuations by restricting ends of consecutive overlapping segments of the protein chain to positions in the given structure.

Structure-guided methods, while useful at probing regions of a conformation space around a given structure, are not readily useful when the goal is to populate a highly heterogeneous equilibrium ensemble for which there may not be sufficient representative structures. On such proteins, often referred to as multi-basin proteins due to the existence of potentially comparably-deep basins in the free-energy landscape, large conformational changes are observed between basins. Detailed reconstruction of the energy landscape of a protein is at this point challenging. Non-MD methods have been devised and applied to capture thermodynamically stable and semi-stable structural states in multi-basin proteins [125,126]. In [126], an MC-SA method is devised that employs multiple scales of representational detail and the fragment replacement technique popular in de novo structure prediction to map the energy landscape of the uncomplexed adenylate kinase (AdK) protein. However, only a subset of the known states are captured, pointing to the general challenge to devise enhance sampling techniques capable of reconstructing energy landscapes of proteins in the absence of any a priori information. Fortunately, significant, even if partial, information now exists from wet-laboratory techniques on stable or semi-stable states of wildtype and variant sequences of proteins. The method in [324] exploits this information to define a lower-dimensional search space on which extensive sampling can be afforded to reveal diverse thermodynamically stable and semi-stable structural states. We note that such states are stable in the lower-dimensional space, as no information is available on the true potential energy surface.

While MD-based methods are challenged in a de novo setting, they are particularly suitable to reveal the detailed structural transitions connecting two known structural states. Providing detailed transitions is key to understanding the mechanistic basis of several disorders linked to transition-modifying mutations. This promise has attracted other non-MD methods that can sample conformational paths connecting two structural states of interest without direct time-scale information on the transition. In the following we provide an overview of work in modeling and simulating structural transitions.

Modeling of Structural Transitions

Many proteins undergo large conformational changes that allow them to tune their biological function by transitioning between different structural states, effectively acting as dynamic molecular machines [325]. Since it is generally difficult for wet-laboratory techniques to elucidate a transition in terms of intermediate conformations (though successful examples exist [326]), computational techniques provide an alternative approach [327]. However, transition trajectories may span multiple length and time scales, connecting structural states more than 100Å apart. This length scale is up to two orders of magnitude larger than a typical interatomic distance of 2 Å. Transitions can also demand micro-millisecond time scales, which is six to 12 orders of magnitude larger than typical atomic oscillations of the femto-pico second time scale.

Typically, three types of methods are applied to model structural transitions, MD-based methods, morphing-based methods, and robotics-inspired methods. MD-based methods typically have to employ powerful algorithmic enhancements to surpass high-energy barriers in structural transitions. However, cases exist when classic MD methods
have been able to capture spontaneous transitions of allosteric proteins by monitoring the structural relaxation upon removal of the bound molecule from the binding pocket [328,329]. These works further highlight the utility of the conformational selection or population shift principle, as removal of the bound molecule prompts spontaneous movement towards a new equilibrium state.

In cases of high-energy barriers, biased or targeted MD methods are useful to expedite transitions between given structures [127,330], but the concern with such methods is that the transition trajectory may not correspond to the true one, as these methods modify the underlying energy landscape; the order of events in transition paths computed via targeted MD methods depends on the direction in which the MD simulations are performed. For example, an application of biased MD to capture transitions of Ras between its active and inactive structures resulted in unrealistic, high-energy structures [330]. It is worth noting, however, that recent work in [331] has proposed a technique to remove the length-scale bias from targeted MD simulations. Essentially, the technique formulates local restraints, each acting on a small connected portion of the protein sequence, resulting in a number of potentials that are then used in targeted MD simulations. The technique has been demonstrated effective on an application to the open ↔ closed transition in the protein calmodulin. The free energy barriers associated with the computed paths have been shown comparable to those obtained with a finite-temperature string method.

In contrast to biased MD methods, accelerated MD methods do not change the entire landscape but only the relative height of the basins corresponding to the structures that need connecting with intermediate conformations [332]. Accelerated MD has been applied to several proteins to capture the transition of H-Ras between the inactive and active structural states [10], map the structural and dynamical features of kinesin motor domains [91], compute domain opening and dynamic coupling in alpha subunit of heterotrimeric G proteins [333], and more. Representative results on an application of accelerated MD for capturing the dynamics of the Eg5 kinesin motor domain are shown in Fig 2.

Even accelerated MD methods are limited in their ability to elucidate transition trajectories that cross high energy barriers [10]. In contrast, the dynamic importance sampling (DIMS) MD method [334,335] is more effective at simulating macromolecular transitions with energy barriers. In DIMS, the next conformational state sampled to obtain a transition from a state A to a state B will be chosen to satisfy the most productive movement to B and cross the energy barrier. The productive movement is indicated by a robust progress variable, the instantaneous RMSD over heavy atoms between a conformation and the target structure. DIMS is integrated in CHARMM and has been tested on several systems [336], including modeling of slow transitions in AdK [334], folding of protein A and protein G, and conformational changes in the calcium sensor S100A6, the glucose–galactose-binding protein, maltodextrin, and lactoferrin, showing good agreement between sampled intermediates and experimental data [336].

In particular, in [334], DIMS is applied to sample the ensemble of open-to-closed transitions for AdK. AdK is a enzyme that regulates the concentration of free adenylate nucleotides in the cell by catalyzing the conversion of ATP and AMP into two ADP molecules. The enzyme undergoes a large conformational change in its transition between an open and a closed structural states, and this change has been observed even in the absence of a substrate. As a result, AdK is one of the few proteins for which wet-laboratory studies have been able to capture a great number of intermediate structures populated during the open-to-closed transition. For this reason, AdK is a poster system to measure the capability of computational methods to reproduce transitions in great structural detail. Work in [334] is one of the few to provide atomistic detail, as well as reproduce and map with great accuracy the location of known intermediate structures along the transition. Representative results are shown in Fig 3.
Morphing- and string-based methods provide an alternative way to compute transition trajectories. Morphing-based methods include MolMov [337], FATCAT [338], NOMAD-Ref [339], MinAction [130], Climber [340], and more. In Climber, the interresidue distances in a given start structure are pulled towards distances in the goal structure, using harmonic...
restraints incorporated in a pseudo-energy function. MolMov and FATCAT interpolate linearly in Cartesian space or over rigid-body motions. NOMAD-Ref uses elastic normal modes and interpolates interresidue distances per the elastic network algorithm in [341]. MinAction solves action minimization equations at each of the provided structures assuming a harmonic potential at them. Other methods include those based on elastic network models (ENMs) [131,341], the nudged elastic band, zero- and finite-temperature string methods [340,342–347]. In particular, the string-based methods make use of the committor function to account for not generally knowing the collective variables underlying the transition [343], whereas methods based on ENMs show the ability of coarse-grained models at capturing allosteric transitions in supramolecular systems on the order of megadaltons [131]. In general, while efficient, all these methods tend to reproduce similar conformational paths in independent runs rather than provide a possibly heterogeneous ensemble of conformational paths realizing the transition.

Fig 3. Sampling of the ensemble of closed-to-open and open-to-closed transition trajectories in AdK through the DIMS method [334]. An ensemble of 330 DIMS trajectories is compared to 45 Escherichia coli AdK X-ray structures. The conformations in each trajectory are projected onto a progress variable $\delta$RMSD measured as the RMSD of the conformation from the closed AdK structure (PDB ID 1ake:A) minus the RMSD of the conformation from the open AdK structure (PDB ID 4ake:A). For each of the 45 collected X-ray structures and each trajectory, the conformation in the trajectory closest in backbone RMSD to an X-ray structure is recorded, and the $\delta$RMSD value of the conformation along a trajectory is recorded. A probability distribution is then constructed for each X-ray structure over all DIMS trajectories to indicate where an X-ray structure is located along the simulated trajectories. The color bar indicates the probability density. The median of each distribution is marked by a white circle. The X-ray structures whose PDB IDs are listed on the y-axis are rank ordered based on the median. The second white line traces the location of the median when the simulations are repeated to sample open-to-closed transition trajectories. Out of 45 structures sorted by $\delta$RMSD, about 24 are closed-state structures, four are open, and 17 are intermediates. This work is an example of the capability of computational methods to elucidate transitions in detail and accurately map the location of experimentally determined structures in the transitions. This figure is adapted from Beckstein et al., 2009 [334]. The image was created by O. Beckstein.

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Work in \[348,349\] tackles this issue of possibly high inter-run path correlations with the weighted ensemble method (WEM). WEM, originally proposed in \[350\], has been shown a useful enhanced sampling method for off-equilibrium and equilibrium processes. WEM uses a multiple-trajectory strategy where MC trajectories spawn new ones upon reaching new regions of the conformation space. One of the first applications of WEM to path sampling was on a 72-residue domain of the calmodulin protein. Coupled with a united residue model, WEM was able to capture the transition between the calcium-bound and calcium-free structural states and compare well with brute force simulations in a fraction of brute-force simulation time. In \[349\], WEM is used to investigate the mechanism of the conformational change that the 5HIR benzylhydantoin transporter Mhp1 undergoes to bind extracellular substrates to a state that is competent to deliver substrate to the cytoplasm. WEM reveals a heterogeneous ensemble of outward-to-inward conformational paths and identifies two distinct modes of transport.

Robotics-inspired methods have also been applied to model structural transitions. They rely on deep analogies between robot motion planning and macromolecular motion simulation. In particular, the T-RRT \[351\] and PDST \[352\] methods, adapted from tree-based robot motion planning frameworks, have focused on the problem of computing conformational changes connecting two given structures in small and large proteins. While T-RRT has been shown to connect known low-energy states of the dialanine peptide (two amino acids long) \[351\], the PDST method has been shown to produce credible information on the order of conformational changes connecting stable structural states of large proteins (200–500 amino acids long) \[352\]. Both methods control the dimensionality of the conformation space by either focusing on systems with few amino acids \[351\] or by employing very coarse-grained representations to limit the number of modeled parameters in large proteins \[352\]. Work in \[353\] extends the capability of these frameworks to address large conformational changes in proteins, such as calmodulin and AdK, while providing high-resolution intermediate conformations by employing fragment-based moves. Other work detaches the sampling of the structure space from analysis of motions \[354\]. MSM-based analysis of sampled conformations is conducted to compute average properties of interest, such as expected number of transitions connecting two given structural states in lieu of direct time-scale information.

### Protein Folding and Structure Prediction

Protein folding and structure prediction are often treated as two sides of the same coin. Protein folding, however, focuses on uncovering the detailed series of conformational changes that a protein goes through from a denatured, unfolded state to its long-lived, equilibrium, folded state. The folded or native structure is the end-result of this process, but not the only goal. Indeed, there are many protein folding algorithms that employ information about the native structure in order to expedite the search for the folding mechanism. Structure prediction algorithms focus more on the end result; that is, the goal is to uncover the native, folded structure even if the process by which these methods do so does not resemble the physical folding one. In its broadest context, the protein folding problem aims to shed light on the physical code by which a protein amino-acid sequence determines the native structure, the speed with which proteins fold, and the design of effective algorithms for predicting the native structure from sequence.

An extensive review of protein folding is presented in \[355\]. The credit with introducing the problem to the computational biology community goes to Kendrew and coworkers, who published the first structure of a globular protein, myoglobin and showed the complexity and lack of symmetry or regularity in protein native structures \[61\]. Since then, a general mechanism...
for folding has been elusive. Various paradigms have been proposed, evolving from the early
days when folding was thought to proceed deterministically, through a unique series of confor-
mations for a protein at hand, to the free energy landscape view founded upon description of
an inherently stochastic but biased process. The latter emerged from polymer statistical ther-
modynamics and built evidence that protein folding energy landscapes are funnel-like, nar-
rower at the bottom, as the freedom of the protein to populate low-energy regions is gradually
restricted [5,28,356]. While the energy landscape view has inspired many folding and structure
prediction algorithms, in itself there is no suggestion of a mechanism that can be followed to
efficiently fold proteins in silico.

Application of MD simulations to observe the rare transition of a protein from an unfolded
state to a folded state have come a long way in both the size of the proteins that can be handled
and the time scales that can be modeled. Hardware advances, improvements in force fields,
coarse-grained models, multiscaling techniques, and novel enhanced sampling techniques for
MD have been crucial to surpassing spatial and time scales. Atomistic MD simulations can now
be afforded [357], with supercomputers such as ANTON allowing running folding simulations of
proteins of 50–100 amino acids for milliseconds [358], and software such as GROMACS [359],
NAMD [116], and AMBER [360] becoming more accessible and easy to use to many researchers.
In the following we elect to highlight recent work that showcases the state of protein folding. We
then proceed with an overview of complementary work in de novo structure prediction.

Protein folding. Some of the most striking advances in protein folding with atomistic, equi-
librium MD simulations in the presence of water molecules have come from the Pande group,
particularly through the Folding@Home project [148,361–364]. In 2005, van der Spoel and col-
leagues provided the first folding simulation that also predicted the native structure of a peptide
based on the Gibbs energy landscape [365]. In 2010, Shaw and colleagues successfully modeled
the folding of a 35-residue protein in explicit solvent [147]. Soon afterward, Lindorff-Larsen
and colleagues in the Shaw group managed to fold 12 fast-folding proteins of length up to 80
amino acids and diverse native topologies with atomistic detail and in explicit solvent [105].
Some striking observations were made from analysis of the folding trajectories of these small
proteins, which generated much discussion in the protein folding community [366]. In addi-
tion to matching folding rates measured in the wet laboratory, work in [105] demonstrated
that the folding trajectories contained discrete transitions between native and unfolded states,
in agreement with barrier-limited cooperative folding. Pathway heterogeneity was shown to be
minimal for nine of the 12 proteins, with pathways sharing more than 60% of the native con-
tacts. These results naturally suggested that the pathways observed in simulation were varia-
tions of a single underlying folding pathway.

The conclusions in [105] were also supported by wet-laboratory work in [367], which
detected a limited set of pathways and only four intermediates for the folding of the calmodu-
lin. Moreover, in [105] it was observed that long-range contacts locking in place the native fold
formed early along, together with a significant amount of secondary structures and surface
burial. This was confirmed in other folding simulations, as well [368]. While the amount of
residual structure is questioned by wet-laboratory studies and may possibly be the result of the
bias of current force fields [366], the observations in [105] build the case for sequential stabi-
lation as a mechanism for the folding of small, fast-folding proteins. The term sequential stabi-
lation, coined in [369], refers to the fact that folding may not be completely cooperative but is
characterized by small-scale events that add secondary structure elements named foldons [370]
in a stepwise manner. Because foldons are intrinsically unstable, low-energy paths are likely to
involve foldons building on top of existing structures, thus resulting in sequential stabilization.

Demonstration of the contribution and role of long-range native contacts early on in folding
provided further justification for the use of Gō-models and other coarse-grained models that
assume native contacts are the only ones that are kinetically-relevant [143]. However, while the wet-laboratory study of the folding of calmodulin in [367] demonstrated the presence of non-native intermediates in larger, more complex proteins, which is certainly observed in de novo structure prediction algorithms in the richness of non-native local minima. It is worth noting that a growing body of wet-laboratory studies are adding to the list of proteins known to fold through distinct native-like intermediates [371].

From a methodological point of view, a significant body of recent work in protein folding employs long, equilibrium, atomistic MD simulations in explicit solvent to observe multiple, spontaneous folding and unfolding events and reliably measure thermodynamic and kinetic quantities, such as folding rates, free energies, folding enthalpies, heat capacities, φ-values, and temperature-jump relaxation profiles [104,105,368]. While generally short, off-equilibrium MD simulations can at best sufficiently capture a single folding event, recent work that embeds many short off-equilibrium runs in coarse-grained kinetic models, such as MSMs, is able to approximate well the underlying folding dynamics [123,133,372]. Methods that embed many short simulations (MD or other stochastic optimization methods) in MSMs for the calculation of system dynamics is gaining ground in diverse applications, from folding, to structural transitions, to binding [128,132,354,373–375].

**De novo protein structure prediction.** The de novo structure prediction problem is perhaps one of the most popular and recognized ones in computational biology. The goal is to compute a structure that is representative of the protein native state given the amino-acid sequence of a protein with no known sequence homologs. This problem sprung from Anfinsen’s findings that the amino-acid sequence determines to a great extent the native state of a protein [11]. Knowing the native structure of a protein is central to protein-ligand binding studies, particularly in the context of CADD. The significant technological advances that have made high-throughput sequencing possible have also resulted in 1,000-fold more sequences than structures known for proteins.

Advances in in silico structure prediction can be attributed to Moult and colleagues, who founded the important Critical Assessment of protein Structure Prediction (CASP) competition to spur research in the structure prediction community in a competitive setting. At CASP gatherings, structures resolved in the wet laboratory and withheld from computational competitors are later revealed and compared with predictions. Community evaluations are then published and serve as a good measure of the progress in structure prediction. For instance, the latest review of structure prediction methods in [376] demonstrates that overall performance in CASP 10 improved substantially compared to previous competitions.

An exponential growth in the number of structures solved in the wet laboratory has had a dramatic effect on the utility of comparative modeling methods, which model structures of a target protein sequence after known structures/templates of proteins with similar sequences to the target; homologous structures can now be detected for most proteins [376]. HHPred is one of the most successful template-based predictors in CASP [377]. Nevertheless, de novo (or template-free, free, ab initio) modeling remains of great interest. Techniques used in de novo algorithms to model conformations of variable regions, such as loops, are also employed in template-based methods to fill in incomplete models [378]. Second, the goal of obtaining information on the equilibrium structure(s) of a protein from its amino-acid sequence is key to understanding function and changes to function upon perturbations.

Currently, state-of-the-art methods for de novo structure prediction rely on usage of the fragment replacement technique also known as fragment assembly. The technique allows simplifying and discretizing the conformation space explored by algorithms by essentially modifying a bundle of consecutive parameters, typically backbone angles of consecutive amino acids, simultaneously, as opposed to modifying individual backbone angles separately. A stretch of
consecutive backbone angles is known as a fragment, and any protein conformation can yield a new one if a fragment can be selected in it and its configuration replaced with a new one. Originally introduced by Baker [379], the new configurations were obtained from a pre-compiled library configurations built over known protein structures in the PDB. Essentially, known protein structures are excised in consecutive overlapping fragments, and their configurations are recorded in a library indexed by the amino-acid sequence of a fragment. Replacement of fragment configurations naturally makes for a move or step in the context of an MC search, and most methods that use fragment replacement essentially implement enhanced sampling algorithms over baseline MC. For instance, the most recognized de novo structure prediction method, Rosetta [118], implements a multiscale MC method, which carefully switches from coarse-grained to atomic representations in the growing MC trajectory, employing specifically-designed energy functions and even switching between two effective temperatures to cross energy barriers and so allow the MC search escape shallow local minima.

It is worth noting that careful construction of energy functions and representations of various granularity can be credited as much as the fragment replacement technique with advances in de novo structure prediction [119]. However, at the moment, a saturation point has been reached [380], and current research is focusing either on specialized moves for MC-based methods or other, higher-level mechanisms by which to enhance MC sampling. In current top CASP performers, secondary structures are built and packed relatively easily, and the difficulty in correct predictions is localized to variable regions such as loops. For this reason, efforts are devoted to rethinking the moves in an MC-based setting beyond fragment replacement.

Work in [119,120], which has resulted in the highly-successful Quark method, shows the utility of designing different types of moves and employing them at various stages during the MC search. As reported in [120], Quark performs very well in the free modeling category. Performacne on 34 free modeling targets is measured by calculating the TM-score between the best prediction and the known native structure for each target versus target length (TM-score is a metric for measuring structural similarity and is considered superior to RMSD [381]; the reader is directed to Ref. [382] for details.). Performance is unusually high (>0.5) for targets (R0006-D1, R0007-D1, and R0012-D1) that are longer than 150 amino acids. In particular, two of the targets, R0006-D1, R0007-D1, were considered difficult targets in the CASP10-ROLL experiment. On R0006-D1, which is a \(\beta\)-barrel protein 169 amino acids long, Quark generates five models with the highest TM-score of 0.32. Structural superposition extracts a model with TM-score 0.5, which improves to a TM-score of 0.62 after energetic refinement via I-TASSER [383]. On R0007-D1, which is an \(\alpha\) protein 161 amino acids long, Quark generates a best model with TM-score 0.43. Structural superposition extracts a model with TM-score 0.48 from the LOMETS template pool, which then improves to a TM-score of 0.62 after energetic refinement via I-TASSER. These results suggest that the focus on designing specialized moves is well placed.

Other work is focusing on enhancing the sampling capability beyond a simple MC-based search or even an MC-SA, though there is a growing consensus that improving accuracy in scoring functions may be more important than enhancing sampling to advance the state of de novo structure prediction. Progress in enhancing sampling comes from different communities of computational biologists and computer scientists. One direction focuses on gradually narrowing the search space, either by iteratively fixing segments of the chain exhibiting low diversity among sampled low-energy conformations [384] or indirectly achieving the same effect but by changing the probability distribution function over the fragment configuration library [385]. Other work builds on model-based search and uses information gathered during the search to guide exploration towards promising regions of the conformation space [386,387]. In [386] gathered information is used to identify near-optimal minima worth exploring in greater
detail with all-atom energy functions. In [387], a robotics-inspired algorithm adapts the search towards under-sampled but low-energy regions of the conformation space to balance breadth versus depth.

The issue of how to balance computational resources between exploring the breadth of conformational space while going deep down in local minima is a core one in stochastic optimization. Progress has been made over the years, particularly by evolutionary algorithms that are now competitive with MC-based methods such as Rosetta [388–390]. Pursuing evolutionary algorithms for conformation sampling in de novo structure prediction has opened up novel directions on the design of effective moves [391] and multi-objective optimization [392], where the goal is not to minimize an aggregate energy score but instead improve on several orthogonal categories.

Currently, de novo structure prediction methods are focused on proteins with one well-defined native structure. Multi-basin proteins present a challenge, as they demand much more computational resources be spent on exploring the breadth of the energy landscape. In addition, conformation sampling (also known as decoy sampling) is not the only challenge with de novo structure prediction. Analysis of sampled conformations to identify the native structure and offer it as prediction presents its own challenges. This problem in itself is known as decoy selection, and a review of challenges and the state of the art is presented in [393].

Modeling Structure and Dynamics of Intrinsically-Disordered Proteins and Intrinsically-Disordered Protein Regions

Lately, increasing attention is paid to the problem of characterizing the structure and dynamics of intrinsically-disordered proteins (IDPs) [394–396]. There are now growing databases of IDPs and intrinsically-disordered protein regions (IDPRs), such as pE-DB, DisProt and IDEAL [397–399]. CECAM now regularly includes a workshop dedicated to promoting the development of new modeling methods and better understanding IDPs [400]. Since 2002, even CASP provides an independent assessment of methods for IDPS [396]. Several reviews discuss the fundamental principles of disorder in the biological function of IDPs/IDPRs biological functions, including the role of disorder in cancer, neurodegeneration, genetic forms of Parkinson’s disease, and cardiovascular diseases [401–405].

IDPs/IDPRs pose unique challenges in silico. They do not have stable tertiary structures but still demonstrate biological activity. This phenomenon challenges the fundamental structure-function relationship and is an extreme case of the exception to the lock-and-key model [395]. IDPs/IDPRs are not random coils. They exhibit different degrees of disorder, from molten globules to coils, but even coil-like structures exhibit residual structure [402,405]. A recent replica exchange MD simulation study revealed the structural contents of intrinsically disordered tau proteins. Tau proteins were discovered to be able to catalyze self-acetylation, which may promote pathological aggregation. The work characterized the atomic structures of two truncated tau constructs, K18 and K19, providing structural insights into tau’s paradox [406].

IDPRs sequences are very different from those of ordered proteins, poor in hydrophobic amino acids and rich in charged amino acids. Disorder-promoting amino acids have now been identified, and they include Ala, Arg, Gly, Gln, Ser, Glu, Lys, and Pro [404,405]. Based on sequence information alone, tools now exist to estimate the propensity of a sequence for disorder [407]. There are many methods for disorder analysis and prediction of the location of disordered regions [124,408–411].

Computational methods are being designed to characterize structures and dynamics of IDPs/IDPRs. With specifically designed force fields, some methods have shown promise in this regard [412,413]. Treatment of IDPRs is now included in Rosetta [414]. Two main groups of
methods focus on IDPs/IDPRs. The first group consists of wet-laboratory techniques based on NMR Chemical Shifts and RDCs [415]. The second consists of MD-based methods [152,153,408,416–418].

Both unrestrained MD [416] and long-range correlated MD [417] for well-characterized disordered proteins demonstrate good agreement with wet-laboratory data. The replica exchange with guided annealing method has also been shown suitable for IDPs [418]. The method escapes nonspecific compact states more efficiently and speeds up the generation of correct ensembles compared to classic replica exchange simulations. Work in [153] additionally shows the effectiveness of MD and MSMs for IDP modeling.

Other methods combine NMR-based knowledge and MD simulations [6,302,314,413]. While NMR ensembles are better suited to characterize local conformational states of IDPs [415], MD simulations allow calculating kinetics and elucidating meta-stable states and barriers between states [314]. Given their unique characteristics, computational methods are expected to continue their treatment of IDPs to better understand the connection between disorder and biological function and misfunction.

Protein Design

The protein design problem is that of finding an amino-acid sequence whose global free energy minimum state corresponds to a desired, target structure or contains a structural motif associated with a desired function [419]. Also known as inverse folding or inverse structure prediction, this problem is now at the crux of protein engineering, with applications in medicine, biotechnology, synthetic biology, nanotechnology, biomimetics, and more [420]. Stated as an optimization problem, protein design is amenable to algorithmic frameworks employed for structure prediction.

Computational approaches to protein design can be categorized into forward design, explicit negative design, and heuristic negative design [419]. In forward design, the sequence and target fold/structure of a protein are known, and the goal is to optimize the sequence so that the target structure reaches such a low energy that will make any other non-target structures less energetically favored. No explicit non-target structures are considered. A successful application of forward design has yielded a very stable protein, Top7 [421], whose native structure was later shown identical to the determined X-ray structure. In explicit negative design, alternative structures are explicitly considered. The sequence is optimized so that the target native structure is lower in energy than all the alternative structures. Explicit negative design has been used to design specific coiled coils and DNA-binding and -cleaving enzymes [422–425].

The limitation of explicit negative design regarding prior knowledge and enumeration of non-favored alternative states has motivated heuristic negative design. In heuristic negative design, the goal is not to disfavor specific alternative structures; instead, the sequence is optimized through features that are likely to increase the energy of most undesired structures. Features follow closely strategies employed by nature to achieve the energy gap between the native structure and other structures that seems to be required for thermodynamic stability and function [419]. It is worth noting that conclusions regarding energy gaps between native and non-native structures when employing scoring functions need to be taken with a grain of salt. Work in [365] relates gaps in Gibbs free energy to structure deviations (from NMR data).

 Compared to the other two strategies summarized above, heuristic negative design seems particularly important for biomolecular interactions [426,427]. Heuristic negative design also seems to be employed by nature for IDPs and by pathogens to fend off the host immune system [419].
Successful cases of designing proteins with novel functions abound \[428–430\] and are made possible by considerable advances in methods for de novo protein design. The current predominant computational approach is based on the (inverse folding) paradigm proposed in \[431\], which assumes a fixed backbone and searches over discrete low-energy configurations/rotamers of side chains for rotameric combinations that result in a lowest-energy all-atom tertiary structure \[432\]. In the interest of tractability, energy models are limited to pairwise energy functions. State-of-the-art functions for protein design are knowledge-based, relying on statistical parameters derived from databases of known protein properties \[433–437\]. Even with such energy models, the design problem with a rigid backbone and a discrete set of rotamers has been proven to be NP-hard \[438\].

Two types of methods have been proposed to address the combinatorial optimization problem of finding rotameric combinations. The first are based on exact optimization and seek completeness; that is, finding the global minimum energy conformation. The second forego completeness and are based on heuristic optimization.

Exact optimization methods include dead-end elimination \[439\], branch-and-bound algorithms \[440–442\], integer linear programming \[443,444\], dynamic programming \[445\], or cost function networks \[446\]. These exact methods are efficient and they limit inaccuracies to the inadequacy of the energy model, but their focus on one single assignment is highly subjective to possible artifacts in the energy function, known and lamented in \[447\]. Moreover, the solution provided by such methods may be overly stabilized (effectively residing in a narrow basin), that it lacks the structural flexibility for the protein to operate the sought biological function under physiological conditions \[448\]. It is worth noting that unlike discrete rotamer assignments, work by Donald and colleagues pursues continuous rotamers and is able to reach lower-energy conformations \[449\]. This functionality is integrated in the popular OSPREY software \[450\]. It is expected that the design of a smoothed backbone-dependent rotamer library in \[451\], which allows evaluating rotamer characteristics as smooth and continuous functions of the \(\phi, \psi\) angles will lead to more advances in taking into account side-chain flexibility in de novo design. An illustration of the capability of protein design algorithms is provided in Fig 4.

Heuristic optimization methods for de novo design build on stochastic optimization or meta-heuristics, such as MC-SA \[433,453\], Genetic Algorithms \[454,455\], and other stochastic optimization methods \[442,456,457\]. Methods based on stochastic optimization, best represented by RosettaDesign \[458\], currently dominate, mainly due to the ability to provide an ensemble of near-optimal solutions through their sampling-based approach. The backbone is kept fixed, and rotameric states are sampled systematically or in a sampling-based manner \[433,453\] over pre-built rotamer libraries \[435,459\]. All-atom energy minimization of the entire resulting all-atom conformation is often carried out \[460,461\]. It is here, in the minimization stage to which all constructed conformations and sequences are subjected, that localized backbone fluctuations are allowed. The extent of these fluctuations is small, limited to backrub motions \[462–465\]. Larger motions are allowed, but only on loop regions, made possible by efficient inverse kinematics techniques like Cyclic Coordinate Descent \[320,466\].

The importance of allowing backbone flexibility in the design process cannot be overestimated. The simple model of the backrub motion consists of a small dipeptide rotation about the C-C\(\alpha\) axis. Recent studies suggest that integrating backrub motions in the design process leads to improved designs of protein-protein interaction interfaces and more realistic templates with improved fit between simulated side-chain dynamics and NMR data \[462,464,467\]. Additionally, work in \[468\] has demonstrated that taking into account backrub motions expands sequence diversity during search and allows new residue interactions that rigid-backbone approaches cannot accommodate. This leads to better designs with lower energies and has been confirmed in other studies, as well \[469,470\].
Finally, an important highlight in protein design is the fact that, despite the absence of evolutionary history in newly-designed proteins, evolutionary information can be accommodated in the design process. Work in [470] reveals strong correlations between residue covariance in naturally-occurring protein sequences and sequences optimized for the same structures by computational protein design. Covariance has been demonstrated for complementary changes in residue size, residue charge, and hydrogen bonding [471–475]. These findings suggest that structural restrains on co-evolving residues in contact can lead to further improvements both in de novo protein design and structure prediction.

Categorization by Algorithmic Frameworks

In the following, we categorize methods by the algorithmic frameworks they modify and adapt for investigating macromolecular structure and dynamics.

MD-Based Methods and Enhancements

In the classic MD setting, Newton’s equation of motion is iteratively solved on a finely discretized time scale to observe collective movements of the atoms comprising a molecular system.
through successive conformations terminating at a local minimum conformation in the system’s energy surface. The ensemble of conformations obtained at equilibrium conditions observes the Boltzmann distribution. A distinct advantage of employing MD to simulate the equilibrium dynamics of a macromolecule is the ability to obtain great detail on individual and correlated motions of specific atoms and specific sites on a macromolecule, as well as correlated motions between macromolecular units of a complex. A disadvantage of the classic MD simulation setting is the inability to sample rare events that occur on long time scales. In particular, in the presence of high energetic barriers separating local minima in the energy surface, a classic MD simulation may be trapped and never escape within the time scale of the simulation.

Limited sampling of the conformation space is a fundamental issue in classical MD, and algorithmic enhancements are proposed on a regular basis to enhance sampling capability. These include replica exchange, accelerated MD, umbrella sampling, biased or steered MD, importance sampling, activation relaxation, local elevation, conformational flooding, jump walking, multicanonical ensemble, MSM-driven MD, discrete timestep MD, swarm methods, and others \[8,149,203–206,334,476–489\].

Recent reviews of advanced MD-based methods and outstanding issues are discussed in \[124,490–495\]. A comprehensive list of commonly used MD packages for biomolecular simulation is presented in \[493\]. Examples of MD applications on proteins with large conformational changes that occur on long time scales, such as G-proteins, Ras-proteins, kinases, signaling proteins, and others can be found in \[121,122\]. In the following, we highlight some of the algorithmic enhancements to the classical MD setting that are responsible for surpassing traditional MD time scales and characterizing the dynamics of complex systems.

**Accelerated MD and adaptations.** The accelerated MD method \[496,497\] locally flattens the potential energy surface to decrease the free energy barriers between two conformational states. When the system’s potential energy falls below some predefined threshold energy \(E\), a bias potential is added. The level of flattening is regulated by two parameters that are typically specified by the user: the threshold energy \(E\), which controls the portion of the potential surface affected by the bias, and the acceleration factor \(\alpha\), which determines the shape of the bias potential and thus how flattened the energy surface becomes. The bias potential allows escaping deep minima separated by high energy barriers, thus accelerating the transition between two conformational states of interest and extending the time scale of events that can be observed in simulation. Recent accelerated MD simulations with nanosecond steps \[498\] can explore more conformational dynamic events \[499,500\]. However, Boltzmann statistics need to be recovered from the simulations, and the effect of the bias potential must be unwound. A reweighting procedure is typically used, which attempts to convert an accelerated MD trajectory to the canonical ensemble at a given temperature \[8,501\].

Enhancements and adaptations of the baseline accelerated MD method are being proposed. We note here first the self-learning, reconnaissance metadynamics method \[502\], which combines principles of accelerated MD and the concept of collective variables that is the foundation of the metadynamics strategy. Similar to the baseline method, a bias potential is added to the true potential to locally flatten the energy surface. However, the bias potential is constructed over the low free energy region defined over a large number of locally-valid collective variables. The accelerated adaptive integration method \[203\] can be considered another adaptation of the baseline accelerated MD method for the problem of modeling ligand-binding processes. A ligand coupling parameter \(\lambda\) is introduced to keep track of the end points of the receptor-ligand coupling and decoupling process; \(\lambda\) takes values from 0 to 1. The method assumes that some transitions can be more accessible if a certain stage of coupling/decoupling (\(\lambda\)) is reached; the potential energy function is flattened at intermediate values of \(\lambda\) instead of at some threshold energy value \(E\).
**Replica exchange MD methods.** Replica exchange is a popular enhancement of the classical MD method; it is also known as parallel tempering. Originally, replica exchange was introduced to improve properties of the MC framework [503], but has since then been adapted to enhance MD sampling [504]. The usual continuous MD trajectory is broken into several replica simulations randomly initialized and conducted at different temperatures. The number of replica simulations is typically determined by the user. So is the decision on temperatures assigned to the replica simulations. The simulations exchange information with one another by exchanging conformations at regular intervals. At a time, two simulations are selected, and their instantaneous conformations are exchanged according to the Metropolis criterion. The exchange often allows a particular simulation to escape a local minimum by making conformations accessed at higher temperatures available to those at lower temperatures, thus enhancing sampling capability. In addition, the setting of multiple simulations encourages parallel implementation and employment of distributed architectures with message passing. This gives replica exchange high exploration capability. Many adaptations and applications of replica exchange exist [149,478,505]. Work in [506] proposes a technique to deduce kinetics data from a heterogeneous ensemble of simulation trajectories. A detailed review of methods based on replica exchange can be found in [478].

**Restrained ensemble MD methods.** We note here two methods to illustrate the employment of experimental data as restraints in MD-based simulations, the replica-averaged MD method and the replica-averaged metadynamics method. The employment of experimental data to correct a molecular force field and thus steer the sampled conformation ensemble towards the Boltzmann distribution has a rich history in macromolecular modeling. The idea of using experimental measurements as averaged structural restraints in MD simulations was first implemented for distances derived from NOE [35]. A penalty term was added to the force field if the time-average of an NMR observable calculated from an MD trajectory differed from that provided by experiment. A variation of this idea is to measure not a time-average but an ensemble-average observable. The latter is referred to as the replica-averaged approach, and a variety of restraining algorithms, including those that conduct both time and ensemble averaging, have been developed and applied to sample and characterize native, transition, intermediate, and unfolded states of proteins [17,32,34,312,316,507–512].

Vendruscolo and colleagues [304] have demonstrated that MD simulations with replica-averaged structural restraints allow generating structural ensembles according to the maximum entropy principle introduced by Jaynes [513]. Jaynes addressed the problem of incorporating information from experiments into a structural model while avoiding corrupting the model with spurious and arbitrary biases. His maximum entropy method, however, proved too cumbersome. The restrained ensemble methods of Vendruscolo and others provide an alternative practical approach, but, until recently, it was not known whether these methods obey the maximum entropy principle. In addition to work in [304], Roux and collaborators demonstrate in [514] that restrained-ensemble MD simulations produce statistical distributions that are formally consistent with the maximum entropy principle.

Distance restraints from NOE data, if available, can be integrated in ALMOST, an all-atom molecular simulation open-source package for macromolecules structure determination and analysis [515]. In the replica-averaged metadynamics method [516], in addition to making use of replica-averaged restraints in the force field, the metadynamics framework is exploited to enhance sampling. Application on the α-conotoxin SI, a 13-residue peptide that has been characterized extensively in the wet laboratory, shows that the method enables accurate reconstruction of the free energy landscape.

**Umbrella sampling.** Umbrella sampling [517–519] is another method that employs collective variables. Umbrella sampling is related to importance sampling in statistics. Umbrella
sampling addresses systems with energy landscapes where a high energy barrier separates two regions of the conformation space. The relevant system coordinates are grouped into sets of collective variables, with each set determining a separate umbrella window. A restraint bias potential forces the collective variables in a window to remain close to the center of mass. The restraint potential often takes a quadratic or harmonic form, determining the weighting function of a given window. If the configurations in a window are far from the equilibrium state, the weighting function will be large, and the simulation will be biased away from the initial configuration. The sets of collective variables must allow for slight overlap of their windows for proper reconstruction of the transitions between them. Extracting corresponding Boltzmann averages and handling overlapping weighting functions are key issues. The information from each window-biased simulation is converted into local probability histograms. The weighted histogram analysis method (WHAM) [520] is now the standard method to combine results from a set of umbrella sampling simulations. Work in [521] introduces superlinear numerical optimization algorithms to diagnose and quantify systematic errors due to limited sampling and to obtain fast and accurate solutions of coupled nonlinear WHAM equations. Work in [522] introduces a bootstrap method to accurately estimate error due to insufficient sampling and incorporates autocorrelations to reduce such errors. The method, g_wham, has been incorporated in the popular GROMACS molecules simulation suite [359]. The umbrella sampling scheme can be integrated into other enhanced MD or MC strategies. We highlight here the self-learning umbrella sampling method in [523], which learns, through a feedback mechanism, which regions of a multidimensional space are worth exploring and automatically generates a set of windows. This method needs a significant smaller number of umbrella windows to characterize the free energy landscape over the most relevant regions without any loss in accuracy. Umbrella sampling has been employed to study processes with large conformational changes or rare events, such as ligand binding and ion induced diffusion in membrane proteins [523,524].

**Adaptive MD sampling methods.** Guiding MD sampling via on-the-fly analysis of obtained conformations to determine undersampled regions of the conformation space is gaining ground in macromolecular modeling. The principal difficulty with adaptive sampling is the identification of meaningful collective variables over which to project conformations and obtain lower-dimensional embeddings of the conformation space for the identification of under-sampled regions and calculation of interesting statistics. While collective variables, such as number of native and non-native contacts, hydrogen bonds, dihedral angles, RMSD, radius of gyration remain popular, these variables have been shown to result in overly smooth landscapes [525] and mask interesting transitions. Recent work by Clementi and colleagues has reintroduced diffusion-based dimensionality reduction methods for extracting collective variables and has demonstrated the power of such methods for characterizing complex energy landscapes [526,527]. Further work by the same authors in [528,529] employs the identified collective variables to guide and expedite sampling of rare events via MD.

In contrast to methods that rely on the identification of collective variables, a different line of work in the early 2000s introduced the concept of kinetic clustering and conformation space network. Both were precursors of the MSM. The main idea was to organize conformations in discrete, graph-based models of connectivity to both visualize the free energy surface and carry out interesting calculations on such models.

The concept of kinetic clustering evolved from the disconnectivity graphs put forth separately by Karplus and Wales [530–532]. Work by Rao and Caflisch took this idea further by proposing complex network analysis both to visualize and study the conformation space and folding of peptides [533]. In lieu of geometric clustering, conformations in [533] were grouped together by secondary structure, and the different emerging groups were abstracted as nodes of
a network, with links between nodes recording observed transitions between groups. Interesting observations were made regarding network topology and peptide folding kinetics in [533] and in later applications investigating the impact of single-point mutations on peptide folding [534] (a detailed review of the conformation network idea can be found in [535]), but the broader analogy (and generalization) between conformation space networks and MSMs would emerge later. In tandem with the conformation space network proposed by Caflisch, related work by Karplus further propelled the disconnectivity graphs to additionally employ max-flow/min-cut algorithms to lay bare the hidden complexity of free energy surfaces of peptides and proteins [525,536]. It is worth noting in this context that the free energy surface generated by implicit solvent is often very different and more complex than that generated by explicit solvent [537]. Early work in [538] demonstrates that explicit solvent smooths the energy surface.

Kinetic clustering continues to be useful and has been used successfully to characterize protein folding through very long MD simulations [147]. In [147], conformations are assigned to clusters so that the long time scale behavior in cluster-space mimics that in the MD simulation. Autocorrelation functions of the time series of a large number of atomic distances are calculated to match the long time scale of these functions with corresponding correlation functions calculated over dynamics in cluster space. The assignments and then the construction of transitions between distinct long-lived states identifies the slower transitions [147].

It was only around 2005 that the analogy between the conformation space network and the MSM was made by Pande and coworkers [363,539]. The notion of kinetic clustering was generalized, and the conformation space networks evolved into kinetic networks connecting meta-stable states, effectively MSMs [540]. The integration of MSMs [146,153,541] into MD simulations allows investigating macromolecular dynamics even beyond the second time scale [123]. Originally, MSMs were only employed to analyze the connectivity of conformational states sampled through multiple, long MD simulations and employ calculations over the MSM to derive kinetic measurements [363]. In [123], MSMs were employed to reconstruct folding pathways from short off-equilibrium, all-atom simulations in explicit solvent. MSM and MD methods have been applied to model folding [542–545], protein-ligand binding [136,138,546], protein switches in kinase and GPCRs [547,548], allostery [549] and IDPs [541,550], revealing extensive statistical details about intermediates states [136,542,551] and molecular interaction mechanisms. The employment of MSMs to focus computational resources to under-sampled regions of the conformation space in an adaptive manner is a rather recent development in macromolecular modeling. A semi-automatic protocol has been proposed in [552] to simulate the folding and unfolding of the villin headpiece in a very efficient manner. Work in [128] also proposes a semi-automatic protocol analyzing MD trajectories with a constructed MSM model to pinpoint where more sampling needs to be conducted. As of now, a fully automatic protocol remains elusive [553].

While MSM-guided MD sampling relies on obtaining a discrete model of the connectivity of the sampled conformation space to guide further sampling, other methods rely on modifying the energy function itself to bias the simulation away from already-sampled conformations. One of the earliest methods to do so was local elevation [481]. In local elevation, the actual potential energy surface is modified in order to drive conformational sampling away from visited conformations (a bias term that is the sum of of repulsive functions is added to the potential energy function).

Metadynamics methods follow a similar approach [554,555]. The assumption in these methods is that the system can be described in terms of a few collective variables. During the MD simulation, the location of the system is calculated in terms of the collective variables. A positive Gaussian potential is then added to the energy landscape so that the simulation is biased to return to the previous location. During the simulation, more and more Gaussians add up to the point that the system is discouraged from going back to previous locations in the energy landscape, thus exploring the full landscape. The time interval between the addition of
two Gaussians and the height and width of a Gaussian are all tunable parameters to optimize the ratio between accuracy and computational cost. The crucial issue in metadynamics, as in other techniques based on collective variables, is to identify the right collective variables. Strategies to do so are reviewed in [555]. The metadynamics strategy is available as a portable plugin for MD simulation platforms in PLUMED [556]. Metadynamics MD has been applied to study the folding process of small proteins [557,558], protein switches [559–561], and ion induced diffusion of small molecules in cavities and channels [562,563]. Metadynamics methods have also allowed modeling the docking process with full protein flexibility [135,564–567].

**MC-Based Methods and Enhancements**

While a significant portion of research on macromolecular structure and dynamics employs MD-based methods, a just as significant portion employs MC sampling. In MC, the evolution of one conformation into another is not guided by Newton’s equation of motion but instead a programmed move or step designed to introduce a small or large conformational change. The end result of the move is only accepted according to the Metropolis criterion in order to promote the trajectory of consecutive conformations to converge to the global minimum while allowing some non-zero probability of escaping a current minimum. MC-based methods employ the notion of effective temperature to regulate the height of energy barriers that can be crossed. While generally regarded to have higher sampling capability than MD, MC methods also are prone to convergence to local minima and forego any direct information of time scales and kinetics. Many of the enhancement strategies for MD can be applied to MC-based methods. In the following we highlight two such enhancements.

**Collective motions molecular dynamics and Monte Carlo.** Collective MD [568] belongs to the family of enhanced MD sampling methods that simplify sampling considering only the most dominant, low-frequency, low-resolution, collective motions. The latter are identified by modeling a structure through the anisotropic network model (ANM) [569]. The basic approach is to deform the structure collectively along the modes predicted by the ANM. A Metropolis-based MC scheme is employed to select the ANM modes; the stochasticity permits the system to occasionally circumvent energy barriers. The ANMPathway is a related sampling method that uses modes extracted from two ENMs representative of the experimental structures that constitute the end points of the transition under investigation [570]. Both methods have been tested on modeling open-close transitions in AdK [568,570] and several transporting membrane proteins [570]; the transition pathways were captured in great detail and at significantly lower computational cost than other methods [571].

**Weighted ensemble method.** The weighted ensemble method (WEM) [572] is an enhanced sampling method with simplified sampling. WEM uses a multiple-trajectory strategy in which individual trajectories can spawn multiple daughter trajectories upon reaching new regions of configuration space called bins. The daughters are suitably weighted to ensure statistical rigor. WEM can yield rigorous estimates for time scales that are much longer than the simulations themselves. The idea to split and propagate re-weighted trajectories had been initially introduced in MC simulations, but WEM can be used as a sampling method for MD simulations, as well [572]. WEM has been employed to model folding [573], non-equilibrium [574] and equilibrium and processes [572], and conformational transitions between end-points separated by high energy barriers [575].

**Other Algorithmic Frameworks**

**Morphing methods.** Geometric morphing uses the linear interpolation of each atom to construct a path between conformations. MolMovDB [337,576] was the first online tool to
allow obtaining and visualizing such paths. After each linear interpolation, the morphing algorithm in MolMovDB conducts an energy minimization to fix possible distortions and restore the stereochemistry of the intermediate points in the interpolated trajectory. The created morphs are stored in the database of motions and can be found by protein name, PDB ID, or motion type [577].

Conformational trajectories based on linear interpolation do not necessarily represent actual conformational pathways. Several morphing-based methods have been developed that provide non-linear interpolations between the start and goal structures to be connected through intermediate conformations [130,338,341,578–580]. Non-linear morphing methods rely on normal mode analysis (NMA) of harmonic-type models, such as the ENM and its variants, to obtain principle motions of a macromolecule about a local minimum. Such models are based on early concepts by Go, Scheraga, and Flory [581–583], and they rely on the assumption that macromolecules can be treated as deformable elastic bodies, where the interatomic potential function can be represented by a harmonic model [584,585], and interactions depend only on the density of neighbors [586,587]. The earliest application of NMA to elucidate equilibrium dynamics was conducted in the Karplus laboratory [228], though the usage of normal modes predates this by seven years; Levitt and Warshel used normal modes to jump out of local minima in pioneering folding simulations [68,72]. Further work demonstrated the effectiveness of such models for capturing thermal vibrations and predicting experimental B-factors [584,585,588–590]. Other work employed normal modes extracted via NMA from a single structure to model equilibrium fluctuations and in some cases even capture simple conformational switching [591–598]. The NOMAD-Ref server [339] provides tools for online NMA of large molecules (of up to 100,000 atoms, maintaining atomistic detail of their structures) and access to a number of programs that use the normal modes to model deformations and conduct refinements of experimental structures.

The earliest employment of NMA in the non-linear morphing setting, to extract information on intermediate conformations mediating the transition between a goal and start structure, appeared in [341,599]. In [599], a geometric morphing technique is proposed to bridge two ENMs corresponding to given start and goal structures. Related ideas appeared in [600,601], moving along a few normal modes from the start structure pointing to the target structure and then parameterizing the elastic network along the pathway. In [578], the start and goal structures are interpolated upon optimal superposition of the CA atoms, but, in contrast to linear morphing methods, the resulting displacement vector is expanded as a linear combination of the normal modes calculated on the start structure.

Since, typically ENMs involve only a single energy minimum and are not immediately applicable to model transitions between multiple stable and semi-stable structural states of a macromolecule, mixed ENMs [579,602] and other, related, ENM-based models have been developed [130,603–606]. The fundamental issue addressed in different ways in these works is how to interpolate the ENMs at the start and goal structures so that the resulting potential retains these structures as local minima [602]. The plastic network model (PNM) introduced in [603] can include additional known intermediate structures and is parameterized to account for known fluctuations available as experimental B-factors.

A group of non-linear morphing methods based on ENMs, mixed ENMs, and variants such as PNM, compute transitions that are minimum-energy paths (MEP) in the energy landscape. In [603], the conjugate peak refinement (CPR) algorithm [607] is used to compute a series of steepest descent paths from saddle points to nearest minima to connect two structures of interest with a continuous curve in the conformation space. Similarly, in the Climber method [340,608], a restraining energy depends linearly on the distance deviation between the current conformation and the target conformation in a way that allows full flexibility and enables the
protein to move around high-energy barriers, rather than over them, resulting in the MEP. KOSMOS [609] is another online morph server that, in addition to offering NMA for nucleic acids, proteins, and their complexes, also generates plausible transition pathways by optimizing a topology-oriented cost function that guarantees a smooth transition without steric clashes.

**Transition path sampling and chain-of-states methods.** The main challenge with computing transitions of a macromolecule between meta-stable states or basins is due to the fact that a macromolecule may spend a very long time in one basin before transitioning to another. The disparity between the effective thermal energy and the typical energy barrier is manifested in long waiting periods where the macromolecule diffuses in a basin followed by a sudden jump to another basin. Such sudden jumps are rare events, and a significant body of work in macromolecular modeling is dedicated to enhancing conventional MC or MD simulation frameworks to capture such events in a reasonable time frame. These methods operationalize seminal ideas put forth by Pratt on transition path sampling (TPS) [610]. Even though the energy landscape of a complex system is typically dense in saddle points, only a few saddle points are relevant for transitions between basins. TPS methods do not rely on identifying saddle points in the potential energy surface. Instead, they implement importance sampling over a reduced set of collective variables that span the important regions of the high-dimensional search space [611–616]. TPS methods are numerical techniques that effectively conduct MC sampling of the ensemble of transition paths [617]. Detailed reviews of these methods can be found in [617,618].

Transition paths obtained via TPS methods can be quite complicated for systems with high-dimensional conformation spaces and rugged energy landscapes; a statistical mechanics framework, known as the transition path theory (TPT) [619], is needed to organize and analyze the transition path ensemble. Moreover, the success of TPS methods depends on the particular progress coordinate defined to distinguish the transition path in the search space, but finding an effective coordinate is non-trivial. Indeed, multiple progress coordinates may need to be defined to describe the transition.

Therefore, a second group of methods founded on TPT implement the chain-of-states approach, which assumes that the transition path can be meaningfully encoded as a series or chain of structures (also referred to as images) [342,607,620–623]. These methods can track an arbitrary number of progress coordinates while restraining sampling to effectively one dimension. In chain-of-states methods, a string of images is created between the given meta-stable states, and the images are relaxed to the transition pathway. Similar ideas had already appeared in [607,620]. Two types of chain-of-states methods were proposed afterwards, the nudged elastic band (NEB) methods and the string methods.

The NEB method [624] addresses a key issue that arises when an artificial spring force is introduced to maintain even spacing between images. The problem is that when minimizing the elastic band, the component of the spring force that is perpendicular to the elastic band tends to pull the images off the MEP. To address this problem, in NEB, a minimization of the elastic band is carried out where the perpendicular component of the spring force and the parallel component of the true force are projected out. In this way, the spring force does not interfere with the relaxation of the images perpendicular to the path. The result is that the series of relaxed configurations is an approximation to the MEP, converging to the MEP when there is sufficient resolution in the discrete representation of the path (when enough images are included in the chain). It is worth noting that the MEP is just one, special path selected from curves connecting two given conformations. Work in [625] explains that this special path minimizes the absolute value of the mechanical work and so is the most probable path for an overdamped Brownian particle at 0 K [625] (in other words, the most probable Brownian trajectory in the absence of kinetic energy). Improvements to the NEB method introduced in [624] have
been proposed, particularly regarding improving the tangent estimate [621] and lowering the computational cost of minimizations [342].

Generally, NEB methods require that the energy landscape be relatively smooth and are not effective on rugged energy landscapes [619]. Remedies have been proposed by having NEB methods operate on the free energy landscape [623], which is expected to be smoother, or by introducing temperature corrections to the MEP [626]. Caution must be exercised not to double count entropy when operating on free energy landscapes. One implication is that implicit solvent potentials cannot be employed to model dynamics on free energy landscapes.

In string methods, splines are used instead to calculate tangents. In addition, image spacing is maintained via reparameterization. The first string method proposed in [622] belongs to the sub-category of zero-temperature string methods [344]. Extensions to operate on the space of collective variables and compute the minimum free energy path (MFEP) rather than MEP have also been proposed [343,345]. Finite-temperature string methods were later proposed [347,627] to better deal with overly rugged energy landscapes.

String methods do not assume the energy landscape is smooth. They can also handle a large number of collective variables. Effective choices of collective variables have been discussed and tested in [628]. Work in [619] draws a difference between string methods and chain-of-states methods, as string methods start with an intrinsic formulation of the dynamics of curves/strings in configuration space and only resemble chain-of-states methods after discretization of the curves. String methods sample the configuration space with strings, which are smooth curves with intrinsic parameterization. The mean force and other conditional expectations are computed locally over the discretization points along the string. The string satisfies a differential equation that by construction guarantees that the string evolves to the most probable transition path connecting two meta-stable states.

In particular, the finite-temperature string method has been applied recently to model the complex α-helix to β-sheet transition in a β-hairpin mini protein in implicit solvent [629]. Transition pathways constructed by string methods have been reported in [630–634]. To fully appreciate the scope of the string method proposed in [343], we additionally note here its application to model in detail the transition of the converter of myosin VI between the PPS and R conformations by computing the associated MFEP for the R ↔ PPS isomerization, the free-energy profile along the transition pathway, and estimating the interconversion rate [635].

String methods make use of the approximation that, with high probability, the flux associated with transition paths is concentrated inside one or a few thin (reaction) tubes. This may not be a reasonable assumption, particularly for complex systems. The WEM is combined with a string method in [636] to address this issue. Another method, proposed in [637] and tested in [638,639], combines a string method with swarms of trajectories [637].

Another drawback of string methods is their computational cost due to the multiple gradient calculations performed on images located far away from the transition state. Many methods are proposed to reduce this computational burden. We note here the growing and the freezing string methods [640–645]. The growing string method attempts to reduce the number of calculations in the iterative steps of string methods. Essentially, two string segments are grown independently from the start and goal structures until they join each other. The freezing string method additionally reduces costs related to the parameterization in string methods. The images are optimized in a direction perpendicular to the progress coordinate with a few conjugate gradient steps and are then frozen in place, effectively constructing an approximate Hessian. Work in [646] demonstrates that this approximation performs as well as growing string methods that use the exact Hessian. As evidenced by the rich number works cited, work on methods for computing transition paths, rates, and transition states is very active.
Evolutionary Algorithms

An important group of methods to address optimization-related problems in macromolecular modeling consists of evolutionary algorithms (EAs). EAs approach stochastic optimization under the umbrella of evolutionary computation, where the main idea is for computation to mimic the process of evolution and natural selection to find local optima of a complex objective/fitness function. The realization that the potential energy landscape of a macromolecule can be non-linear and multimodal, and that many structure-centric macromolecular modeling problems can be cast as optimization problems makes EAs highly appealing for macromolecular modeling.

Though EAs are highly customizable algorithms, they all follow a simple template. A population of samples of a configuration space (generally referred to as individuals) is evolved over a number of generations. An initialization mechanism specifies the initial population, which can consist of random samples or include configurations known to be local optima (for instance, experimentally-available structures may play this role). The population evolves either over a fixed, user-defined number of generations or until a different termination criterion is reached. In each generation, individuals with high fitness are repeatedly selected and varied upon. The selection mechanism specifies which individuals to select as parents for reproduction. The improvement mechanism consists of reproductive or variation operators, which can be asexual, introducing a mutation on a parent, or sexual, combining the material of two parents at one or more crossover points to generate offspring. A survival mechanism determines which individuals survive to the next generation. In non-overlapping or generational survival mechanisms, the offspring replace the parents. In overlapping ones, a subset of individuals from the combined parent and offspring pool are selected for survival onto the next generation. A comprehensive review of EAs can be found in [647].

EAs are very rich algorithmic frameworks, as different design decisions in the initialization, variation, selection, and survival mechanisms can lead to very different behaviors. The decision on how to represent individuals is key both to the effectiveness and ease with which variation operators can be designed to produce good-quality individuals. EAs that employ crossover in addition to the asexual (mutation) operator are referred to as genetic algorithms (GAs). EAs that additionally incorporate a meme, which is a local improvement operator to improve an offspring and effectively map it to a nearby optimum, are referred to as hybrid or memetic EAs (MAs). The employment of multiple, independent objective functions as opposed to a single fitness function results in multi-objective EAs (MO-EAs). Specific variants that build over GA are respectively referred to as MGAs and MO-GAs.

One of the first EAs for macromolecular structure modeling was a GA, proposed in [648] for the de novo protein structure prediction problem. Work in [648] also demonstrated that EAs are better able to escape local minima of a protein energy function than MC [648]. This result is not surprising, considering that the algorithm able to compute Lennard-Jones optima of atomic clusters in [649] was in fact an EA. Referred to as Basin Hopping, the algorithm was a 1+1 MA, which refers to an MA that has only one parent and one offspring. In a 1+1 MA, the population evolving over generations has size 1, and the offspring competes with the parent. We recall that MA refers to an EA where the offspring is subjected to a local improvement operator (energetic minimization). In Basin Hopping, the offspring replaces the parent with a probability resembling the Metropolis criterion. An MC search can also be viewed as an EA, specifically, a 1+1 EA, and all MC-based methods can be conceptualized as EAs employing highly specific insight about the optimization problem at hand.

Given the early work in [648], EAs have a long history in de novo protein structure prediction. Customized EAs for this problem contain many evolutionary strategies and meta-
heuristics, including the employment of a hall of fame to preserve “good” individuals (decoys),
tabu search to improve the performance of a meme, co-evolving memes, niching, crowding,
twin removal for population diversification, structuring of the solution space to facilitate dis-
tributed implementations capable of exploiting parallel computing architectures, and more.
The main focus of algorithmic research on EAs is what mechanisms avoid premature conver-
gence and allow finding the global optimum in overly rugged fitness landscapes. This is of par-
ticular interest on applications of EAs for different structure-centric problems in
macromolecular modeling [650]. A comprehensive review of EAs for de novo protein structure
prediction can be found in [651].

Though they have a long history in de novo structure prediction, EAs are not considered
among the top performers in this problem for proteins no longer than 200 amino acids. On
long protein chains, where off-lattice models result in impractical computational demands, on-
lattice EAs are by now the only viable algorithms [652,653]. However, on shorter chains, where
off-lattice models can be afforded, the injection of specialized operators (moves), such as
molecular fragment replacement, and sophisticated hybrid potential energy functions have
allowed rather simple MC-based algorithms to outperform non-customized EAs. Of note here
are the Rosetta and Quark methods that often dominate the leader board in the CASP competi-
tion [118–120].

Even though EAs have yet to become state of the art in the de novo structure prediction set-
ting, much progress has been made in recent years [390,391,654]. Recently, EAs have incorpo-
rated state-of-the-art, off-lattice representations and energy functions to become competitive
with MC-based methods such as Rosetta [390,391]. The additional recasting of the structure
prediction problem as a multi-objective optimization one has resulted in higher exploration
capability and conformation quality over single-objective optimization approaches such as
Rosetta [392,655]. EAs are also employed to address protein folding [656].

While there is still much work to be done to demonstrate EAs as the state-of-the-art
approaches for de novo structure prediction, there are three domains in macromolecular struc-
ture modeling where EAs are by now the best performers: protein-ligand binding, multimeric
protein-protein docking, and cryo-EM reconstruction;

In protein-ligand binding, some of the top algorithms are EAs. For instance, Autodock now
employs a Lamarckian GA, which has been demonstrated to result in better-quality receptor-
ligand bound configurations over the MC-SA algorithm employed in earlier releases [180]. In
particular, work in [180] demonstrates that both the Lamarckian GA and a traditional GA can
handle ligands of more degrees of freedom than MC-SA, and that the Lamarckian GA outper-
forms the traditional GA. The latter is due to the fact that in a Lamarckian GA, contrary to the
Darwinian model of evolution, where only genetic traits are inheritable, an offspring is replaced
with the result of the local improvement operator to which it is subjected. This results in essen-
tially introducing phenotypic traits in the genotypic pool (improvements are passed onto the
next generation), per Jean Baptiste Lamarck’s now discredited claim that phenotypic character-
istics acquired during an individual’s lifetime can become inheritable traits; (epigenetics is
bringing more credibility, however, to Lamarck’s claims). It is worth pointing out that many
MAs (for instance, even Basin Hopping) are Lamarckian EAs. MAs that are not Lamarckian
choose not to replace the offspring with the result of the local improvement operator to which
it is subjected but use the improved fitness in the survival mechanism; this is known as the
Baldwin effect [657].

A domain where EAs are showing promise is in structure prediction for asymmetric, hetero-
meric assemblies. Currently, the only algorithm that has been shown capable of producing
native asymmetric structures of heteromeric assemblies in the absence of wet-laboratory data is
Multi-LZerD [292]. Multi-LZerD is a GA that represents multimeric conformations through
spanning trees. The nodes in the tree represent the units, and the edges encode the presence of a direct interaction. As presented, Multi-LZerD proceeds over 3,000 generations. While promising, the algorithm incurs a high computational cost to be practical in its current form for multimeric assemblies of more than 6 units.

Another domain where EAs are shown to be highly successful is the simultaneous registration problem in cryo-EM microscopy reconstruction. One issue with cryo-EM is that low-resolution maps are often obtained for large asymmetric and/or dynamic macromolecular assemblies. In such cases, an important problem is how to simultaneously fit known structures of the units in the given map. A GA with specialized variation operators and tabu search has been proposed in [658] to successfully address this problem. This GA has also been used in later work in [659] to trace $\alpha$ helices in low- to mid-resolution cryo-EM maps.

While most of the work on EAs in the evolutionary computation community is driven by algorithmic design and analysis of the exploration capability rather than data quality, key ideas and strategies on evolutionary search are proving powerful in enhancing exploration capability in macromolecular structure modeling problems. For instance, several algorithmic decisions on how to select which parents for reproduction, generate offspring, and setup the competition for survival are key for balancing the breadth (exploration) and depth (exploitation) issue in exploration [647]. Lately, interesting ideas from multi-objective optimization are being incorporated in EAs for conformation sampling in de novo protein structure prediction. Namely, instead of pursuing the global minimum of an aggregate energy score, EA-based methods are proposed to obtain conformations that optimize specific sub-groupings of interatomic interactions [392]. EA-based methods are also showing promise in mapping energy landscapes of proteins with large conformational changes [324,660]. Due to the ongoing work in the evolutionary computation community on powerful and effective algorithmic strategies for obtaining solutions of complex objective functions and the realization of outstanding sampling bottlenecks in de novo structure prediction [661], adoption of EAs holds great promise for macromolecular structure modeling.

**Robotics-Inspired Methods**

Since simulation of dynamics is the limiting factor in dynamics-based methods, efficiency concerns can be addressed by foregoing or at least delaying dynamics until credible conformational paths have been obtained. A different class of methods focuses not on producing transition trajectories but rather computing a sequence of conformations (a conformational path) with a credible energy profile. The working assumption is that, once obtained, credible conformational paths can then be locally deformed with techniques that consider dynamics to obtain actual transition trajectories. Such methods adapt sampling-based algorithms developed to address the robot motion-planning problem and are thus known as robotics-inspired methods.

The objective in robot motion planning is to obtain paths that take a robot from a start to a goal configuration. The robot motion planning problem bears mechanistic analogies to the problem of computing conformations along a transition trajectory; in both problems the goal is to uncover what of the underlying conformation or configuration space is employed in motions of a mechanical or biological system from a start to a goal conformation or configuration. Analogies between molecular bonds and robot links and atoms and robot joints are made to perform fast molecular kinematics.

Robotics-inspired methods are tree-based or roadmap-based [662]. Tree-based methods grow a tree in conformation space from a given, start to a given, goal conformation representing the structures bridged by the sought transition. The growth of the tree is biased so the goal conformation can be reached in reasonable computational time. As a result, tree-based
methods are efficient but limited in their sampling. They are known as single-query methods, as they can only answer one start-to-goal query at a time; that is, only one path of consecutive conformations that connect the start to the goal can be extracted from the tree. Running them multiple times to sample an ensemble of conformational paths for the same query results in an ensemble with high inter-path correlations due to the biasing of the conformation tree. Roadmap-based methods adapt the Probabilistic Road Map (PRM) framework [663]. These methods support multiple queries. Rather than grow a tree in conformation space, these methods detach the sampling of conformations from the structure that encodes neighborhood relationships among conformations in the conformation space. Typically, a sampling stage first provides a discrete representation of the conformation space of interest, and then a roadmap building stage embeds sampled conformations in a graph/roadmap by connecting each one to its nearest neighbors.

Roadmap-based methods bring their own unique set of challenges. Randomly-sampled conformations have very low probability of being in the region of interest for the transition. In particular, for long chains with many degrees of freedom (hundreds of backbone angles in small-to-medium protein chains), a protein conformation sampled at random is very unlikely to be physically realistic. Biased sampling techniques can be used to remedy this issue [664,665], but it is hard to know which ones will focus sampling to regions of interest for the transition. In addition, both roadmap- and tree-based methods rely on local planners or local deformation techniques to connect two neighboring conformations. It is hard to find reasonable local planners for protein conformations. A linear interpolation is often carried over the employed parameters, typically backbone angles, but this can produce unrealistic conformations, and a lot of time can be spent energetically refining these conformations. Recent work is considering complex local planners that are not based on interpolation but are instead re-formulations of the motion computation problem. Recent work in [666] introduces a prioritized path sampling scheme to address the computational demands of complex local planners in roadmap-based methods for protein motion computation.

Roadmap-based methods have been employed to model unfolding of small proteins [665,667]. Tree-based methods have been employed to model conformational changes and flexibility, predict the native structure, and compute conformational paths connecting given structural states [351,352,387,668–670]. In particular, the T-RRT method described in [351] and the PDST method described in [352] have focused on the problem of computing conformational paths connecting two given structures. While T-RRT has been shown to connect known low-energy states of the dialanine peptide (two amino acids long) [351], the PDST method has been shown to produce credible information on the order of conformational changes connecting stable states of large proteins (200–500 amino acids long) [352]. Both methods control the dimensionality of the conformation space by either focusing on systems with few amino acids [351] or by employing coarse-grained representations to reduce the number of modeled parameters in large proteins [352]. The tree-based method in [353] employs the fragment replacement technique to reduce the dimensionality of the conformation space and sample conformational paths connecting two given structural states of proteins ranging from a few dozen to a few hundred amino acids. At each iteration, a conformation in the tree is selected for expansion. The expansion employs molecular fragment replacement and the Metropolis criterion to bias the tree towards low-energy conformations over time. The selection penalizes the tree from growing towards regions of the conformation space that have been oversampled, thus resulting in enhanced sampling of the conformation space.

Conclusions
This review has highlighted the breadth and depth of research in macromolecular modeling and simulation. A plethora of computational methods have been developed to study a wide
spectrum of molecular events. QM methods are used to study molecular electronic structures and obtain detailed and accurate electronic structure calculations. Work in [671] employs such calculations to correlate quantum descriptors and the biological activity of 13 quinoxaline drug compounds and then suggest effective compounds against drug-resistant Mycobacterium tuberculosis. Recent efforts in quantum chemistry are devoted to circumventing computational bottlenecks of large-scale electronic structure calculations and extending applicability to molecular systems composed of hundreds of atoms [672]. At present, QM methods have too high a computational cost to be a competitive alternative to MD or MC methods and their variants. For this reason, the focus of this review has been on MM methods, such as MD and variations, which are the methods of choice to study macromolecular structure and dynamics. It should be noted that hybrid, QM/MM methods exist and are the methods of choice for modeling reactions in biomolecular systems [673].

One of the major themes in MM-based macromolecular modeling is the choice of resolution or detail. As this review has summarized, atomistic, explicit solvent MD simulations are becoming more affordable, both due to improvements in hardware and techniques that allow aggressive parallelization. Despite the challenges posed by the disparate spatial and time scales employed by macromolecules flexing their structures and interacting with their environment, significant algorithmic and hardware advances have allowed breaking the millisecond barrier [147]. Dynamical processes that involve millions of atoms can now be characterized. For example, work in [674] tracks via MD simulations the microsecond-long atomic motions of 1.2 million particles to study the dissolution of the capsid of the satellite tobacco necrosis virus.

MD and non-MD methods that employ reduced, coarse-grained macromolecular models are often regarded as “cheaper” albeit less accurate alternatives to atomistic MD methods. Such cheaper methods currently complement or facilitate atomistic MD-based studies. For example, protein docking methods are routinely employed to assist cryo-EM in resolving structures of molecular assemblies. Once such methods narrow down the possible conformation space, subsequent atomistic MD simulations are employed to make final predictions by examining stability and dynamics [111].

In some settings, these cheaper methods provide the only practical approach. Even with various accelerated MD simulations, mapping of protein energy landscapes remains challenging. For example, work in [10] shows that the sampling capability of accelerated MD greatly depends on the structure used to initiate a trajectory [10]. In our own laboratories, we have been able to compare the cheaper methods to published atomistic MD simulations of H–Ras [660]. In particular, on H-Ras, the evolutionary algorithm in [660] is able to map the energy landscape of H-Ras wildtype and selected variants in atomistic detail better than what can currently be achieved via known MD methods.

In MD-based research, two different directions seem to be pursued by researchers at the moment. The first involves the employment of very long MD simulations, made possible by complex MD-customized architectures, like Anton. Thermodynamic and kinetic quantities can be readily extracted from such simulations. The second involves the employment of several short, off-equilibrium MD simulations, which allows the employment of parallel architectures but necessitates the employment of statistical models, such as Markov state models, to collect and organize the simulations to describe the long-time behavior of a system. Both directions are exciting and complementary. In particular, the second direction is leading to advances in the combination of continuous and discrete models for expediting modeling of long-time scale phenomena and is likely to lead to further algorithmic advancements. Within each of these directions, several open questions remain for researchers to pursue. A combination of both directions, dedicated architectures and continuous and discrete models promises to push the spatial and time scales that can be observed in silico even further.
As summarized in this review, many non-MD algorithmic frameworks are being pursued to model different aspects of macromolecular structure and dynamics. Often, these frameworks are inspired or initiated from diverse communities of researchers. Of note here are evolutionary algorithms and robotics-inspired algorithms. While components of these algorithms are often investigated in detail in each of the corresponding communities, the focus in these communities has traditionally been on often on computational performance rather than quality of findings. Broad employment of these algorithms as tools complementary to MD is currently challenged by an inability to demonstrate utility on a broad class of macromolecular systems and validate findings with existing wet-laboratory or MD-based studies. Nonetheless, a growing body of researchers within each of these communities is introducing treatments focused on both computational performance and data quality.

This review has summarized the current state of the art in diverse application areas. An emerging theme is the need to characterize in detail the structural flexibility of a macromolecular system under specific conditions. While great progress is being made, computing a conformation ensemble consistent with explicit or implicit constraints is likely to motivate the development of novel algorithms for years to come.

Many other directions of research in macromolecular modeling and simulation could not be described in detail here. These include the development of accurate and sensitive molecular force fields [140,141] for macromolecular simulation, the development of increasingly accurate coarse-grained representations of macromolecules, solvent models, and multiscaling techniques [76,142–144], decoy/model selection algorithms [675] in de novo structure prediction, as well as the development of algorithmic tools to assist structure resolution in the wet laboratory [676,677]. Additionally, while this review highlights some of the unique challenges posed by intrinsically disordered proteins and regions, it does not provide an overview of similar challenges posed by membrane proteins. The reader is referred to work in [678] for a review of such challenges and algorithmic advancements.

Expected advances in each of the reviewed application areas promise to provide us with a more comprehensive and detailed understanding of our biology. In particular, unraveling the behavior of macromolecules in isolation and assembly will help us understand the molecular basis of mechanisms in the healthy and diseased cell. A truly synergistic employment of in-silico and wet-lab research to unravel molecular mechanisms also promises to lead to better therapeutics for combating cancer, neurodegenerative disorders, infections, and other important human disorders of our time. The journey into the future of computational structural biology promises to be exciting, and we hope that this review has inspired a few more researchers to join us on this journey.

Supporting Information

S1 Text. Abbreviations in alphabetical order. Abbreviations are provided for names of methods and proteins.

(PDF)

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